

**A Report on training ' Good House Keeping for Rural Unemployed Youth'
By professors,Home Science Department,Government Zirtiri Residential Science College.**

State Institute of Rural Development and Panchayati Raj, Mizoram have organized training on 'Good house keeping for Rural Unemployed Youth'for NGO's of Muthi Village during 10th and 11th Dec,2020 at SIRD & PR Conference Hall,Durtlang Leitan.

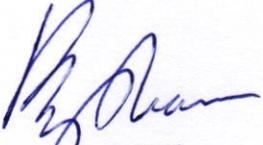
In this regard,the Director SIRD & PR requested the Head,Department of Home Science,GZRSC to provide resource persons.

To begin with,the department of Family Resource Management(Home Science)was requested to deliver lectures on selected topics.On 10th December,2020 at 11:30 a.m,as per the programme,Mrs.Lalsangliani Khawlhring spoke on 'Colour Combinations'.She pointed out that mizo women,especially youngsters(rural and urban) are becoming increasingly fashion conscious,owing to exposure to media influence.As such,the topic was chosen,hoping that home-makers as well as future homemakers will have beautiful colours in and outside their homes.

They were divided into groups,each group was provided with primary colours and a small brush,with which different colours were produced.This activity seemed to cause excitement.It was satisfying to see their eagerness to practice.But the down side was that the time given was too short for instilling in them the desire for more knowledge on this particular topic.They were also briefed about the importance of having the knowledge materials for household equipment.

Mrs.Vanlallawmi gave a lecture on 'Budgetting and Time management' and exercises were done on budget plan and Time plan simultaneously.They were also taught how to plan a budget and how to work within the limited time with the help of the activity.

Mrs.lalhmingliani Hlondo gave a Lecture on Human Development(Childhood)topics for 1 hour,as there was no discussion about the topic.Class was over by 4 p.m.


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