

18TH

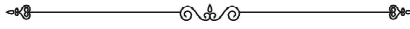
ANNUAL
MAGAZINE

SENHRI

GOVT. ZIRTIRI RESIDENTIAL SCIENCE COLLEGE

**ANNUAL
MAGAZINE**

2019 - 2020



With Best Complements to



GOVT. ZIRTIRI RESIDENTIAL SCIENCE
COLLEGE

THE 18TH ANNUAL MAGAZINE

2019 - 2020

Senhri
The 18th Annual Magazine
Govt. Zirtiri Residential Science College, Aizawl
2019 - 2020

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Principal
SU Vice President

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LISTS OF PRINCIPALS
GOVT. ZIRTIRI RESIDENTIAL SCIENCE COLLEGE

NAME	FROM	TO
1. Pi Lalziki Sailo, B.A, B.T, M.Ed.	01.08.1980	31.05.1985
2. Pi B. Sangkhumi, M.A	02.04.1986	04.03.1991
3. Dr. Varparhi Khiangte, M.A,Ph.D	01.05.1991	21.02.1993
4. Dr. Lalrimawia, B.A Hons, M.A,Ph.D	22.02.1993	31.12.2001
5. Pu F.J Ralzuala, M.A	01.02.2002	31.03.2009
6. H. Lalramhluna, M.Sc.	01.04.2009	15.10.2009
7. Lalhmangaihi Hrahse, M.Sc.	16.10.2009	31.05.2012
8. J.H Zoremthanga, M.Sc.	01.06.2012	02.07.2014
9. Laltanpuia, M.A, M.Sc.	03.07.2014	24.07.2019
10. Prof. B. Zoliana, M.Sc, Ph.D,Dip.R.P	25.07.2019	



**Govt. Zirtiri Residential
Science College**



C. Hmangaihropuia

Editor's Pen....

A warm greeting to all the readers of the 18th Annual Magazine 2019-2020, Senhri. I give my heartfelt gratitude to the Heavenly Father for his help in publishing the Annual Magazine of this prestigious College. It is indeed a privilege for me to write an Editorial for the first time ever in my life.

Publishing an Annual Magazine is not an easy task. We have faced different problems along the way. But all these have been overcome due to the never ending help of my colleague and professors so that I am able to publish the Magazine for the College on time. I extend my warm gratitude to everyone who had contributed for the success of this Magazine. I would like to extend my heartfelt thanks to Johny Vanlalmuana Assistant Magazine Editor, for his hard work and unending support throughout the session. I would also like to extend my warm gratitude to our professors, in-charge of magazine. They have helped to successfully bring out this magazine.

Last, but not the least I would like to extend my heartfelt thanks to Mr. Isaac Lalmangaihzuola, Magazine Editor(2017-2018) for his advice and help in the preparation of this Magazine. It is my sincere hope and prayer that this issue brings forth harmony and integrity. I have tried my best and I hope it measures up to your expectation. I offer my sincere apology if there are some errors in the form as well as in the content of this issue.



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MESSAGE

I am pleased to learn that the Students' Union of Govt. Zirtiri Residential Science College(GZRSC), Aizawl is bringing out its annual magazine for the year 2019-2020.

GZRSC occupies a unique position in the educational landscape of Mizoram as the first and only dedicated science college in the state and I am proud to know that it has lived up to its purpose of providing equality education in science and technology to the students of Mizoram. In an age where science and technology placed an important part in our daily lives, I urge the student and faculty of GZRSC to rededicate themselves to their roles as educators and student, striving for greater heights in the years to come.

I convey my best wishes to the Editorial Board of this magazine and to all readers of this magazine.

Dated Aizawl
the 17th July, 2020

(ZORAMTHANGA)



PS Sreedharan Pillai
GOVERNOR OF MIZORAM



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MESSAGE

I am glad to know that Govt. Zirtiri Residential Science College is bringing out the Annual College Magazine for the year 2019 - 2020.

I applaud the Editorial Team for the hard work and dedication they have invested in realizing this goal. I am sure this magazine will give an insight into the range and scope of the imagination and creativity of the students and faculty members.

I extend my warm greetings and felicitation to the Principal and staff of the College and also wish my dear students success in all future endeavours.

(PS Sreedharan Pillai)

Dated 10th July, 2020



**Principal
Govt. Zirtiri Residential
Science College
Aizawl**



FROM THE PRINCIPAL'S DESK

I am happy to see that the 18th Annual Magazine adoratively given the name 'Senhri' has been in production once again and I would like to congratulate the editorial board for their fruitful efforts in bringing out such important information for the College.

This year, classes were suspended since 17th March 2020 due to Covid-19 pandemic and all the activities stood to halt, not to mention the usual academic classes but also all the activities like Annual Sports and even the University Sports. At the same time, the major setback imposed by the lockdown due to covid-19 has given us a chance to turn to technology and digital learning. In spite of the suspension of classes, the institute has continued to reach out to the students through various means. I am glad to see the untiring activities of teachers individually and through concerned committees to have continuous support to students academically, spiritually and physically. I am also proud to point out some of the initiatives taken by the institution to cope with our academic as well as student-centric activities:-

1. Online classes: Teaching-learning was continued in the online mode to complete syllabus where teachers employed google classrooms, zoom meeting apps, etc. and study materials were provided to students via whats-app.

2. Development of Learning Management System (LMS): LMS was newly developed during Lockdown time and as many as 27 video tutorials were prepared by teachers on topics contained in the syllabus.

These videos have been uploaded on the college website using Moodle (<https://gzrsc.edu.in/lms>) for students to access anytime.

3. Continuous assessment using tests and assignments: Tests and assignments were given to the students through the online mode for their internal marks.

4. Introduction of On-Line admission through the website: The online admission system (<https://gzrsc.edu.in/admission>) was introduced from the new academic session 2020. As a result, online and offline system of new admission could be conducted in our college from now on.

5. Personality Development course (Online): The 8th Personality Development Course was conducted online using Cisco Webex Apps during 19th June -23rd June 2020 from 5:00 pm. With 5 Resource persons. It was learnt that out-going students who attended this programme interacted and responded the lectures quite well. Most of the Resource persons and the courses introduced were rated as excellent. E-certificates were awarded to all participants after the end of the four –days session.

6. Student's Support through Endowment fund and monitoring their mental health: Contributions from Teaching and Non-teaching staff were made king and provided to students who faced financial crisis via online banking during this Lockdown due to pandemic situation.. The Students were also informed through whatsapp and website about the existence of the helpline for Mental and Spiritual Counseling Committee consisting of teachers who have already gained expertise in the subject. .

7. Publication of College Year Book 2019: College year book 2019 was compiled edited and published during this lockdown period by the IQAC with ISBN 978-93-892620-7-0. Glad to announce in advance that IQAC is actively preparing the next Colege Year Book presently.

8. Preparation for NAAC Accreditation & Peer team Visit: The College is preparing for the next Accreditation and Peer Team Visit as present NAAC accreditation for our College is valid upto 24.5.2021. Various committee/ Cells are doing their best in this preparation.

9. On-going Site preparations at Durtlang Campus: Presently, Skyridge Construction & Consultancy Services, Aizawl has taken up the Construction of Academic Block- II (Class Room) and where they have started the earthwork from November 2019. Tentative month for finishing the construction is November 2020 if favourable situation prevails. Once this Academic Block II is ready for accomodation, at least B.Sc and B.Sc. (Home Science) can be shifted to to new campus.

In the new Campus, we have the following buildings constructed:

1. Library Building
2. Laboratory Building
3. Boys' and Girls Hostels
4. Academic Block –I

Boys' Hostel is ready for accomodation whereas Girls' Hostel is under preparation and expected to be ready soon.

Wishing all the readers of this magazine Senhri all the very best in future, I would like to mention that with various support and cooperation received from stakeholders, I am sure that this College will one day be able to reach its zenith with the blessings from Almighty God.

(PROF. B. ZOLIANA)

Principal

Govt. Zirtiri Residential Science College

Aizawl: Mizoram.



**Govt. Zirtiri Residential
Science College**



**Vice President
Students' Union**

MESSAGE

It gives me immense pleasure to write a message for the 18th Annual Magazine published by the Students' Union of Govt. Zirtiri Residential Science College for the Academic Session 2019-2020. I appreciate the tireless effort and Co-operation of the Editorial Board for the compilation of this fabulous Magazine.

I thank the almighty GOD for giving me the opportunity, guidance and blessing to hold the post of Vice President and to fulfill my duties throughout my tenure in this post. I express my heartfelt gratitude to our present Principal Prof. B.Zoliana, all the Professors, Non-Teaching Staff, Students' Union Leaders, the Alumni and my fellow students for their support, assistance and advice received.

It is my earnest desire that this Magazine would be an inspiration and a blessing to all its readers and contributors. Lastly, on behalf of the outgoing Students' Union, it is my prayer that the good Lord will continue to bless Govt. Zirtiri Residential Science College as it had in the past and for all the times to come.

“Lighted to Lighten”

Dated the 16th June 2020

(Fredy Lalruatfela Hrahse)



REPORTS



Report from

GENERAL SECRETARY



Vanhmingliana
VI Sem, B.Sc Chemistry

First of all, I, Vanhmingliana, General Secretary and Lalramengmawia Asst. General Secretary of the Students' Union, Govt. Zirtiri Residential Science College makes obeisance to everyone in the name of our College Students' Union 2019-2020.

With the grace, guidance, and endless blessing that we received from the Almighty God, we have finally reached the end of the Academic Session for 2019 – 2020. I am very happy to God as He has given me this great opportunity to present the annual reports on the various activities of the Students' Union, Govt. Zirtiri Residential Science College.

Firstly again, I want to thank the Almighty God for his everlasting love, guidance throughout the session especially during this pandemic session as Covid-19 continues to spread rapidly.

I would like to give a heartfelt thanks to our respected Principal Prof. B.Zoliana for his great support and guidance throughout the academic session. We, the Students' Union would also like to thank him for helping us in guiding the college about.

I sincerely express my heartfelt gratitude to my assistant Lalramengmawia for his cooperation, generous dedication and commitment.

And, I would also like to grab the opportunity to extend my heartfelt gratitude to all my colleagues; our respected Principal Prof. B. Zoliana and the Students' Union Leaders, Professor in-charge of various department, our teaching staff, non-teaching staff, and last but not the least my dear fellow students and all those who contribute their support to the college throughout the academic session 2019-2020.

With the closing of the academic session 2019-2020, the various activities of the Students' Union also come to an end. Hence, reports on the various activities and important events of the Students' Union Govt. Zirtiri Residential Science College are as follows:

The following professors were appointed by the Principal Prof. B. Zoliana as In-charge of the various department :

Anti Ragging& Grievance Cell	-	Mr. Remlalsiama Ms. S. Thangrimawii
Students' Union	-	Mr. Lalnunthara Dr. Lalhmingliana Hnamte
Games & Sports	-	Mr. C. Zoramthara Dr. Lalmangaihzuala
College Magazine	-	Ms. Laltluangkimi Hnamte Ms. Lalmalsawmi Chhangte
Debating, Social & Culture	-	Ms. Lalthanpuii Ralte Dr. C. Lalmuankimi
Spiritual Councelling Cell	-	Ms. Lalhmingliani Hlondo Mr. Lalhruaitluanga

Prof. B.Zoliana, our respected Principal is the ex-officio President of the Students' Union.

CLASS REPRESENTATIVES :

All class representatives were elected under the guidance of our respective Principal Prof. B.Zoliana and our respective Professors. The following are the elected Class Representatives of each class for the session of 2019-2020.

I Semester BSc. Life Science :

Henry L Hmar	-	Class Representative
A.Lalthanzuali	-	Asst. Class Representative

I Semester BSc. Physical Science :

Lalmuanzela	-	Class Representative
Marry Lalnunngili	-	Asst. Class Representative

I Semester BSc. Home Science :

- Zodintluanga - Class Representative
C. Lalthanpui - Asst. Class Representative

I Semester BCA :

- K. Lalmuansanga - Class Representative
Shira Tangpui - Asst. Class Representative

III Semester BSc. Life Science :

- Moses Lalhruaizela - Class Representative
Malsawmkimi - Asst. Class Representative

III Semester BSc. Physical Science :

- P.C. Lalkroshlua - Class Representative
Roshni - Asst. Class Representative

III Semester BSc. Home Science :

- J. Vanlalmangaihzuai - Class Representative
Zohmangaihi - Asst. Class Representative

III Semester BCA :

- F. Vanlaldika - Class Representative
Mamta Gurung - Asst. Class Representative

V Semester BSc. Zoology :

- Vanlalthanmawia - Class Representative
LalremruataKullai - Asst. Class Representative

V Semester BSc. Botany :

- Stephen Lalthankhuma - Class Representative
Vabeirakawpatha Chozah - Asst. Class Representative

V Semester BSc. Chemistry :

- K. Chatuanrammawia - Class Representative
K. Vanlalrindiki - Asst. Class Representative

V Semester BSc. Mathematics :

- M.S. Dawngliana - Class Representative
 C. Lalramtharnglaki - Asst. Class Representative

V Semester BSc. Physics :

- Zodinpua - Class Representative
 Lalroluahpua - Asst. Class Representative

V Semester BSc. Geology :

- R. Vanlalawmpua - Class Representative
 Lydia Ngurthanmawii - Asst. Class Representative

V Semester BSc. Home Science :

- Lalmuanawmi - Class Representative
 Esther Lalkhawngaihi - Asst. Class Representative

V Semester BSc. BCA :

- Lalmalsawma - Class Representative
 PC. Lalhriatpuii - Asst. Class Representative

19th ANNUAL COLLEGE WEEK 2019- 2020

The 19th Annual College Week inauguration function was held during 2nd October – 7th October, 2019, which was organized and conducted by the Students' Union Leaders and the Professor of Govt. Zirtiri Residential Science College. The College week function was held at different places which were listed below :

- 2/10/2019 (Monday)
 Items conducted - Armed Veng Basketball Court.
 - Basketball.
- 3/10/2019 (Tuesday)
 Items conducted - Ramhlun Sports Complex.
 - Athletics, Futsal, Volleyball.
- 4/10/2019 (Wednesday)
 Items conducted - A.R Lammual.
 - Football.
- 5/10/2019 (Thursday) - College Auditorium.

Items conducted	- Debating items, Mobile Legends.
6/10/2019 (Friday)	- Ramhlun Indoor Stadium
Items conducted	- Indoor Items
7/10/2019 (Saturday)	- Dawrpui Multipurpose Hall
Items conducted	- Cultural Items, PUBG.

All Students were divided into four different houses which were arranged according to their roll numbers.

1. Red House
2. Green House
3. Yellow House
4. Blue House

Election of the House Leaders was under the guidance of Students' Union Leaders. Two leaders and two Asst. Leaders were elected which were named below :

Red House:

Leader	- Vanlalsawma	- V Semester Geology
Leader	- Lalmuanzuali	- V Semester BSc. Home Science
Asst. Leader	- Moses Lalhruaizela	- III Semester BSc. Life Science
Asst. Leader	- Sairengpuii	- III Semester BSc. Home Science

Green House

Leader	- Samuel Malsawmsanga	- V Semester B.C.A
Leader	- Cynthia M. Lalrinsangi	- V Semester BSc. Zoology
Asst. Leader	- David Lalengmawia	- III Semester BSc. Life Science
Asst. Leader	- Laldintluangi	- III Semester BSc. Life Science

Yellow House :

Leader	- Liantinthanga	- V Semester BSc. Zoology
Leader	- K. Vanlalrindiki	- V Semester BSc. Chemistry
Asst. Leader	- Lalrinliana	- III Semester B.C.A

Asst. Leader - Lalrinsangi - III Semester Physical Science

Blue House

Leader - Kenny Lalremsiama - V Semester BSc. Physics
 Leader - P.C Lalhriatpuii - V Semester B.C.A
 Asst. Leader - Austin Lalremsanga - III Semester Life Science
 Asst. Leader - Zohmangaihi - III Semester BSc. Home Science

During this college week, football competition and basketball competition were conducted in class wise rather than in houses. V Semester BSc. Life Science became the COLLEGE WEEK FOOTBALL CHAMPION. And in Basketball, 5th Semester BSc. Physical Science were declared the BASKETBALL CHAMPION.

The SU Cup competition on Football was held before the election of Students' Union leaders, which was competed as class wise, and the 1st Semester BSc. Physical Science were the SU CUP CHAMPION.

Item total of different department, during the college week are as follows :

		Gold	Silver	Bronze	Total
Indoor Department	:	25	21	22	68
Outdoor Department	:	17	17	16	50
Debating Department	:	24	23	23	70
Social & Cultural Department	:	15	10	10	35

RED HOUSE was declared as the overall CHAMPION during the College Week.
 The 2nd place goes to GREEN HOUSE,
 The 3rd place goes to YELLOW HOUSE, and
 The 4th place goes to BLUE HOUSE.

18TH ANNUAL MAGAZINE 2019 – 2020

The College Magazine was entitled as “Senhri” and it was published under the guidance of Editorial Board.

Editor : C. Hmangaihropuia

Asst. Magazine Editor : Johny Vanlalmuana

Professor In-charge :

Laltluangkimi Hnamte (Chairman)

Lalmalsawmi Chhangte (Secretary)

Lalthanpuui Ralte

H. Thangkhanhau

Lalhmingliana Hnamte

Lalrinpuui Rokhum

19th ANNUAL WEEK CLOSING FUNCTION

The 19th Annual College Week Closing function was held on 4th October 2020 at Electric Veng YMA Hall. Our respected Principal Prof. B. Zoliana was the Chief Guest. All the Secretaries of each department gave reports of the medal tally of every house and the medals were handed over to different winners.

The afternoon session comprised of students from different classes performing various songs and dances, entertaining the audience. At the same time, the contest of Miss and Mister was conducted on under the guidance of Miss and Mister Organizing Committee. Where the constestant were selected from various department. Sarah Zothanpuui of 5th Semester BSc. Home Science and Moses Lalhruaizela of 3rd Semester BSc. Life Science were selected for the College Miss & Mister respectively for the session of 2019 – 2020.

ACTIVITIES CONDUCTED BY 5th SEMESTER OF VARIOUS DFEPARTMENT :

Chemistry Department had field trip Bio-Disposable Tech Solution which is been located in Lengte on 15th October 2019, Ispat Industry at Lengte on 15th October 2019 and Koinonia Water Plant at Lengte on 19th October 2019.

Zoology Department went on a field trip at Thenzawl on 7th October 2019.

Botany Department went on a field trip at Reiek and Zopar farm on 14th October 2019.

Home Science went on a field trip at Silchar on 10th October 2019.

During the academic session of 2019 – 2020 the college mourned the loss of our dear friend P.C. Lalrinhlui (Nu-i) of 6th Semester B.C.A. May God bless her soul.

Lastly, I would like to convey my sincere gratitude to all the Students' Union Leaders for helping me to complete this report. May God guide this college with endless blessings.

Thank you.

LONG LIVE GOVT. ZIRTIRI RESIDENTIAL SCIENCE COLLEGE



Report from

OUTDOOR SECRETARY



Lalhmangaihzuala
VI Sem, B.Sc Botany

It is a privilege for me to give a brief report on the Outdoor Games Department activities during the academic session of 2019-2020. I would like to give my heartiest gratitude to the Principal, Professor incharge, dear colleagues and my fellow students for your support and co-operation in each of the activities carried out by the Outdoor Games Department, Students' Union. Most importantly, I give thanks to Liansangpuia Khiangte, Asst outdoor Secretary without whom all the achievements and activities of the Outdoor Games Department might not have materialized. I also thank the Sport in-charge Committee, Govt. Zirtiri Residential Science College for always letting us to use every sport goods required during various sports and activities.

The results of annual Outdoor Games held during the Academic Session 2019-2020 are as below:

2019 SU Cup Champion : 1st Semester Physical Science

COLLEGE WEEK

College Week was organized during 2nd - 7th September 2019.

Here, Outdoor items were held at AR Lammual and Ramhlun Sports Complex.

Major Games

Football Champion : 5th Semester Life Science
 Runners Up : 1st Semester Physical Science
 Best Player : Fredy Lalruatfela Hrahsel
 (5th Semester Life Science)

Top Scorer : Lalthlanawma (5th Semester Life Science)

Volleyball (Men)

Gold : Yellow
Silver : Green
Bronze : Blue

Volleyball (Women)

Gold : Red
Silver : Green
Bronze : Blue

Relay Race

Gold : Yellow (Lalthlanawma/John Lamthangliana/Lalnundika)
Silver : Red (Vanlalthlanmawia/Thangrodinga/C.Zonunsanga)
Bronze : Green (Joseph Lalruatfela/Jonathan Laltanpuia/Ngurgaihzuala)

100 Meter Race (Men)

Gold : Yellow (Lalnundika)
Silver : Yellow (John Lamthangliana)
Bronze : Blue (Austin Lalremsanga)

100 Meter Race (Women)

Gold : Yellow (Lallawmawmi)
Silver : Yellow (Jenny Lalthazuali)
Bronze : Blue (A.Lalthanzuali)

200 Meter Race (Men)

Gold : Yellow (Lalnundika)
Silver : Red (Samuel Lalramdintluanga)
Bronze : Yellow (Lalthlanawma)

200 Meter Race (Women)

Gold	:	Yellow (Lallawmawmi)
Silver	:	Blue (Christian Varparhi & Jenny Lalthazuali)
Bronze	:	Yellow (Mary C.Lalnunpuii)

400 Meter Race

Gold	:	Green (Zomuansanga)
Silver	:	Yellow (John Lamthangliana)
Bronze	:	Green (David Lalengmawia)

High Jump (Men)

Gold	:	Red (Samuel Lalramdintluanga)
Silver	:	Blue (Rinsangpuia)
Bronze	:	Yellow (Vanhmingliana)

High Jump (Women)

Gold	:	Red (Lalsangkimi)
Silver	:	Blue (Christian Varparhi)
Bronze	:	Blue (Lalmuanzuali)

Long Jump (Men)

Gold	:	Yellow (Lalnundika)
Silver	:	Red (Samuel Lalramdintluanga)
Bronze	:	Green (Malsawmkima)

Long Jump (Women)

Gold	:	Yellow (Lallawmawmi)
Silver	:	Yellow (Jenny Lalthanzuali)
Bronze	:	Blue (Christian Varparhi)

Javelin Throw (Men)

Gold	:	Yellow (Lalnundika)
Silver	:	Yellow (Lalhmunsa)
Bronze	:	Green (Lalruatfela)

Javelin Throw (Women)

Gold	:	Red (F.Lalhlimpuii)
Silver	:	Red (Mary Lalnunngili)
Bronze	:	Yellow (Lalremsangi)

Shot Put (Men)

Gold	:	Green (Lalruatfela)
Silver	:	Red (Lalchhanhima)
Bronze	:	Red (Zephania Lalchungura)

Shot Put (Women)

Gold	:	Red (F.Lalhlimpuii)
Silver	:	Yellow (Lalremsangi)
Bronze	:	Green (M.Lalrinsangi)

Futsal

Gold	:	Yellow
Silver	:	Blue

Best Athlete

Men	:	Lalnundika, Yellow House (5 Gold Medals)
Women	:	Lallawmawmi, Yellow House (3 Gold Medals)

Outdoor Items Medal Tally

House	Gold	Silver	Bronze	Total
Yellow	10	6	4	20
Red	5	5	1	11
Green	2	2	5	9
Blue	NIL	4	6	10
Grand Total				50



Report from

INDOOR SECRETARY



Lalnunsanga

VI Sem, Mathematics

First and foremost, I would like to thank God almighty for having made activities of the Indoor Games a success and His guidance throughout the academic session.

I express my deep sense of gratitude and immense respect, to the principal, the professors and all the college staff for their whole hearted support. They are one of the sole reasons why any of this is possible.

I would also like to extend my sincere thanks to my fellow SU leaders for all the good advice and support and to all my fellow students and friends for their cooperation. I sincerely apologize for all my incompetence and failure to live up to your expectations during my time as an indoor secretary. I wish you all good health, happiness and success in your future endeavours.

It is my utmost pleasure and privilege to announce the complete results of the Indoor Games which is as follows :

COLLEGE WEEK

RAMHLUN INDOOR STADIUM

1) BADMINTON

Men's single

- a) Gold - Vanlalsawma (Red House)
- b) Silver - Zomuansanga (Green House)

- c) Bronze - Austin Zairemathanga (Red House) &
Jonathan Lalmuanpuia (Green House)

Women's single

- a) Gold - Lalrinningi (Blue House)
b) Silver - Zothanmawii (Green House)
c) Bronze - B. Lalsangkimi (Red House) & Zodinmawii (Green House)

Men's Doubles

- a) Gold - Ricky Laltlankima & Zodinpuia (Red House)
b) Silver - Henry L. Hmar & Vanlalnghak Hnamte (Blue House)
c) Bronze - Zomuansanga & Jonathan Lalmuanpuia (Green House)

2) TABLE TENNIS**Men's single**

- a) Gold - Vanlalpeka (Red House)
b) Silver - Lalkaisanga (Yellow House)
c) Bronze - Lalhmunsanga (Yellow House)

Women's single

- a) Gold - F.C. Sankey (Green House)
b) Silver - Lalnunthari (Blue House)
c) Bronze - Lalrinningi (Blue House)

Men's Doubles

- a) Gold - Vanlalpeka & Lalhlimpua (Red House)
b) Silver - Knie Lalremsiama & Lalrinnggheta (Blue House)
c) Bronze - Lalkaisanga & Lalhmunsanga (Yellow House)

3) CHESS**Men**

- a) Gold - C. Lalremzuala (Blue House)

- b) Silver - Clement Lalthlangfela (Red House)
- c) Bronze - Jacob Lalthanghnuna (Green House) & Lalruatsaka (Yellow House)

Women

- a) Gold - Marina Zoremsangi (Blue House)
- b) Silver - Zodinmawii (Green House)
- c) Bronze - Veronica K. Lalnunsawmi (Yellow House) & Bashanti Sharma (Red House)

4) DRAUGHT BOARD**Men**

- a) Gold - Lalruatsaka (Yellow House)
- b) Silver - Lalhruiatuanga (Blue House)
- c) Bronze - Zodinpuia (Red House) & Frankie Lalhruiatzela (Blue House)

Women

- a) Gold - Bashanti Sharma (Red House)
- b) Silver - Lalringi (Green House)
- c) Bronze - Laldintluangi (Green House) & Marina Zoremsangi (Blue House)

5) DART THROW**Men**

- a) Gold - Lalkroshlua (Green House)
- b) Silver - Zodinpuia (Red House)
- c) Bronze - David Lalengmawia (Green House)

Women

- a) Gold - Lalringi (Green House) & Christian Varparhi (Blue House)
- b) Silver - Lalengmawii (Yellow House)
- c) Bronze - Vanlalawmpuii (Red House)

6) ARM WRESTLING**Men***Below 60 kg*

- a) Gold - J.H. Lalremruata (Red House)
b) Silver - Lalmuanzela (Green House)

60 – 70 kg

- a) Gold - Vanlalsawma (Red House)
b) Silver - Isaac Lalchhanchhuaha (Blue House)

70 – 80 kg

- a) Gold - Lalthankima (Blue House)
b) Silver - Cole Vanlalruatzela (Green House)

Above 80 kg

- a) Gold - Zephania Lalchunglura (Red House)
b) Silver - Lalchhanhima (Red House)

Champion of Champion - Vanlalsawma (Red House)

Women*Below 45 kg*

- a) Gold - A. Lalthanzuali (Blue House)
b) Silver - Lalmuanzuali (Blue House)

Above 45 kg

- a) Gold - M. Lalrinsangi (Green House)
b) Silver - J.H Hrahse (Blue House)

Champion Of Champion - A. Lalthanzuali (Blue House)

*COLLEGE CAMPUS***7) Carrom Board****Men's single**

- a) Gold - Benzim Lalthabera (Red House)
b) Silver - Lalhminganga (Green House)
c) Bronze - Lalrintluanga (Red House)

Women’s single

- a) Gold - C. Vanlalruati (Blue House)
- b) Silver - Lucy Lalruatpuii (Blue House)
- c) Bronze - Awmpuizeli Fanai & R. Zonunmawii (Yellow House)

Men’s Doubles

- a) Gold - Benzim Lalthabera & Lalrintluanga (Red House)
- b) Silver - Lalthlanawma & Lalfakzuala (Yellow House)
- c) Bronze - Richard Lalruntluanga & P.C. Lalramchhantluanga (Blue House)

8) MOBILE LEGENDS TOURNAMENT

- Champion Team** - 5th sem BCA
- 1st Runner up - 1st Sem Physical science

9) PUBG TOURNAMENT

- Champion Team** - B Team - 3rd sem Physical science
- 1st runner up - 5th sem physical science

10) BASKETBALL TOURNAMENT

- Champion team** - 5th sem Physical Team A
- 1st runner up - BCA 5th sem

MEDAL TALLY

RED HOUSE	:	Gold 11,	Silver 3,	Bronze 6
BLUE HOUSE	:	Gold 8,	Silver 8,	Bronze 4
GREEN HOUSE	:	Gold 4,	Silver 7,	Bronze 6
YELLOW HOUSE	:	Gold 2,	Silver 3,	Bronze 6



Report from

SOCIAL & CULTURAL SECRETARY



Lalrammuanpuia

VI Sem, B.Sc Botany

It is of great pleasure and honour for me to be given an opportunity to give a report on the various activities and achievements of the Social & Culture Department, during the academic session of 2019-2020.

Thanks to our Almighty God for his guidance and blessings throughout the academic session. I would also like to thank our respected Principal Mr. B. Zoliana, all the professors, professors in charge and staff for their support. Throughout the year I was supported by Elizabeth Lalrinsangi Hnialum, Assistant Social & Culture Secretary, who helps me in all the activities of the Department. I feel blessed and thankful for her kind and loving words as well as her endless support.

I would like to extend my heartfelt thanks to my fellow SU leaders for their cooperation and for their help and support throughout the session.

The various activities and results of the Social & Culture department during the academic session of 2019-2020 are as follows :

MDM Inter College Folk Song Competition

The competition was held at Vanapa Hall on 22-23 August 2019. Our very own Senhri Cultural Club took part in this competition and fortunately for us, the 4th Position went to Dodie Zoliansanga (6th Semester Botany) and his team. We are very proud to have such amazing and talented students in our institution.

Items and Results of College Week, Cultural Day

Hlado

1. David Lalengmawia (Green House)
2. Lallawmpuia (Blue House)

3. Lalthlanawma (Yellow House)

Chheih Lam

1. David Lalengmawia & Lalhruitluangi (Green House)
2. Lalrempuia & Lalmuanzuali (Blue House)
3. Lalrinawma & Lalmuankimi (Yellow House)

Lengkhawm Zai

1. Red House
2. Green House
3. Blue House

Khuallam

1. Blue House
2. Red House
3. Yellow House

Western Dance

1. Blue House
2. Green House
3. Red House

Solo Competition (English)

1. Dodie Zoliansanga (Green House)
2. Zodintluanga (Blue House)
3. Yellow House & Red House

Solo Competition (Mizo)

1. Ngursangzuali (Yellow House)
2. Vanlalchhani (Green House)
3. Blue House & Red House

Costume Parade

1. Blue House
2. Green House
3. Yellow House

Beat Contest

1. Green House
2. Blue House
3. Red House

Beat Contest Individuals

- *Best Vocalist* : *Zodintluanga (Blue House)*
- *Best Guitarist* : *Stephen Lalthankhuma (Green House)*
- *Best Bassist* : *Sairengpuii (Red House)*
- *Best Keyboardist* : *Zotluangpuii (Red House)*
- *Best Drummer* : *Lalremruata (Green House)*

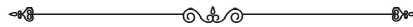
College Miss/Mister

- ❖ *Miss* : *Sarah Zothanpuii, 6th Sem B.HSc*
- ❖ *1st Runner-up* : *C. Lalthlamuanpuii, 2nd Sem B.HSc*
- ❖ *2nd Runner-up* : *Malsawmzuali, 6th Sem B.HSc*

- ❖ *Mister* : *Moses Lalhruaizela, 4th Sem Life Sc*
- ❖ *1st Runner-up* : *Lalramengmawia, 4th Sem Life Sc*
- ❖ *2nd Runner-up* : *Lalfakawma, 4th Sem Life Sc*

Cultural Miss/Mister

- *Miss* : *Angel Lalengmawii, 2nd Sem B.HSc*
- *Mister* : *Zephania Lalchunglura, 6th Sem Physics*



Report from

DEBATING SECRETARY



Lalringzeli

VI Sem, Home Science

With great pleasure, I take this opportunity to give report on some of the memorable activities of Debating Department during the academic session 2019-2020.

I am fully aware of the fact that nothing could be achieved without the grace of God. I heartily thank the Almighty God as well as our respected Principal Prof B. Zoliana, Professors incharge, all the professors and fellow students for all their tire-less support, advise and cooperation throughout the year. My deepest and sincere thanks to my assistant Ruthi Vanlalmuanpuii of 4th Semester Home Science for her efforts and endless support when I needed her all through the entire session. I would like to give thanks especially to all my fellow Student's Union Leaders for their kind encouragement, support and cooperation and also Mizo Students' Union (MSU) who organised Inter College Quiz Competition at Ignite Studio. The participants from our college were Lalawmpuia (4th Semester Physical Science) and Malsawmtluangi (4th Semester Life Science).

Lastly, I would like to mention my heartfelt gratitude to all the House Leaders during the College Week and the participants who gave their talent for the success of this Department.

The various activities and results of Debating Department during the academic session 2019-2020 are given below :

1. DEBATE.

TOPIC : INDIAN CONSTITUTION A ARTICLE 370 NUA I BO HI THIL DIK A NI.

1st Position : C.Lalramtharnglaki (Blue House).

- 2nd Position : K. Lalthannguri (Blue House).
3rd Position : Lalruatdiki (Yellow House).

2. QUIZ

1st Position - (Red House)

- (i) Augustine Zairemthanga.
(ii) B.Lalnunpuia.
(iii) Rebecca Lalrinfeli.
(iv) Julie Lalhmunmawii.

2nd Position - (Yellow House)

- (i) Veronica K.Lalnunsawmi.
(ii) Lalengmawii.
(iii) Lalremmawii.
(iv) Lalrinliana.

3rd Position - (Green House)

- (i) Lalhminganga.
(ii) Lalthansanga.
(iii) Lallawmzuala.
(iv) Zodinmawii.

3. ELOCUTION

TOPIC : SOCIAL MEDIA IS A NECESSARY EVIL.

- 1st Position : M.Buigangchiu(Green House).
2nd Position : Augustine Zairemthanga(Red House).
3rd Position : C.Lalramtharnghaki(Blue House).

4. EXTEMPORE SPEECH

- 1st Position : Kenny Lalremsiama(Blue House).
2nd Position : Awmpuizeli(Yellow House).
3rd Position : David Lalengmawia(Green House).

5. ESSAY (MIZO)

TOPIC : EIRUKNA.

- 1st Position : RTC Lalvenhima(Yellow House).
2nd Position : Lydia Lalthannguri(Red House).
3rd Position : Lalremruata Kullai(Green House).

(ENGLISH)

TOPIC : THE YOUTH OF MIZORAM ARE SLOWLY LOSING THEIR CULTURAL IDENTITY.

- 1st Position : Veronica K.Lalnunsawmi(Yellow House).
2nd Position : K.Lalthannguri(Blue House).
3rd Position : C Lalramtharnghaki(Blue House).

6. SLOGAN

TOPIC : FOR MZU SPORT.

- 1st Position : PC Lallawmawma(Yellow House).
2nd Position : Paul L.Ralsun(Blue House).
3rd Position : Zomuansanga(Green House).

7. POETRY (MIZO)

TOPIC : PANLAI NUN.

- 1st Position : Dodie Zoliansanga(Green House).
2nd Position : Lalmingsanga(Green House).
3rd Position : Vanlalnghaka Hnamte(Blue House).

(ENGLISH)

TOPIC : CHILDHOOD.

- 1st Position : Laldingliana(Green House).
2nd Position : R.Lalrammawia(Red House).
3rd Position : Lalrinchama(Blue House).

8. LOVE LETTER

- 1st Position : Rohmingsanga(Red House).

- 2nd Position : K.Laldinsanga(Green House).
3rd Position : Lalremsanga(Red House).

9. ADVERTISEMENT

1st Position - (Green House)

- (i) Cindy Lalduhawmi.
- (ii) Laldintluangi.
- (iii) M.Lalrinsangi.
- (iv) Lalkroshlua.
- (v) Samuel Malsawmsanga.
- (vi) Zorinsanga Renthle.

2nd Position - (Red House)

- (i) Moses Lalhruiatuanga.
- (ii) Lalnunzama.
- (iii) Doris.
- (iv) Basanti Sharma.
- (v) Cindy Lalchhanchhuahi.

3rd Position - (Blue House)

- (i) Lallawmpuia.
- (ii) Zonuntluanga.
- (iii) Lalrempuia.
- (iv) H.Lalrinnggheta.
- (v) Kenny Lalremsiama.

10. EATING COMPETITION

1st Position - (Red House)

- (i) Lalchhanhima.
- (ii) Dennis Zaithanpuia.
- (iii) TC lalrammawia.
- (iv) Lalnunzama.

2nd Position - (Blue House)

- (i) C.Lalneihthanga.
- (ii) Malsawmtluanga.
- (iii) Lalthankima.
- (iv) Kenny Lalremsiama.

3rd Position - (Yellow House)

- (i) Johny Lalmuanzova.
- (ii) Lalnundika.
- (iii) Lalrinliana.
- (iv) Lalthazuala.

11. DRAWING COMPETITION

TOPIC : PLASTIC FREE MIZORAM.

- 1st Position : Vanlalawmpuii (Red House).
- 2nd Position : Francis Lalramdingngheta (Yellow House).
- 3rd Position : Zuia (Blue House).



Report from

EVANGELICAL UNION



Rohmingsanga

VI Sem, BCA

Dear brother and sister in Christ, Greetings to you in the name of our lord and Saviour Jesus Christ.

It is a great honor and privilege for me to have a good chance of giving brief report of the activities of Evangelical Union of Govt. Zirtiri Residential Science College during the academic session of 2019-2020.

REPORTS:

OFFICE BEARERS :

President	: J Lalhlimpua, VI Semester (Physic)
Vice President	: Issac Lalchhanchhuaha, VI Semester (Physic)
Secretary	: Rohmingsanga, VI Semester (BCA)
Assistant Secretary	: F Lalmalsawmi, IV Semester (Life Science)
Treasurer	: Lalmuanawmi, VI Semester (Home Science)
Finance Secretary	: Ramnunsangi, VI Semester (Home Science)
Prayer Secretary	: PC Lalramchhantluanga, IV Semester (Life Science)
	Lalrinawma, VI Semester (Chemistry)
	Baby Lalrindiki, VI Semester (Zoology)
	Vanlalpeki, IV Semester (Home Science)
Music Secretary	: Lalrempua, VI Semester (Mathematic)
	Lalthlanawma, VI Semester (Botany)
	Malsawmkimi, IV Semester (Life Science)
	Vanlalchhanchhuahi, IV Semester (Life Science)

Property Secretary : MS Dawngzela, VI Semester (Mathematic)
Lalchhanmawia, VI Semester (BCA)

Committee Member:

- 1) Angel Lalengzuali, II Semester (Home Science)
- 2) Lalmuanzuali, IV Semester (Life Science)
- 3) Lalzingzeli Rnthlei, VI Semester (Home Science)
- 4) Zohmangaihi, IV Semester (Home Science)
- 5) Cindy lalduhawmi, IV Semester (Life Science)
- 6) CB Lalhunchungi, IV Semester (Life Science)
- 7) Lalhriatpuia, VI Semester (Chemistry)
- 8) Joseph Lalruatfela, IV Semester (Life Science)
- 9) Vanlalsawma, IV Semester (Geology)
- 10) Malsawmtluanga, IV Semester (Life Science)
- 11) Nicholas Lalchhanhima, IV Semester (BCA)
- 12) HC Lalhriatkima, VI Semester (Chemistry)
- 13) Vanhmingliana, VI Semester (Chemistry)
- 14) Lalramengmawia, IV Semester (Life Science)
- 15) David Lalengmawia, IV Semester (Physical Science)
- 16) Lalrinchama, II Semester (Life Science)

ADVISER:

Chairman : Mr Lalramdina
Secretary : Mrs Laltlanchhungi
Members :

1. Mrs Lalrinngheti Ralte
2. Mrs Lalhmingliani Hlondo
3. Mrs Lalrintluangi
4. Dr Lalmangaihzuala
5. Mr Lalhruaitluanga
6. Miss Rebecca Lalnuntluangi

Also some of our college E.U Leaders held important posts in AIZAWL INTER COLLEGE EVANGELICAL UNION (AICEU) as follows:

Lalmuanawmi (Treasurer) as Finance Secretary

Lalthlanawma (Music Secretary) as Prayer Secretary

MEETING:

During 2019-2020 Session, Office Bearers Meetings was conducted three times and Executive Committee was conducted four times. These meetings were held in EU Office.

PLANS AND PROJECTS:

During the academic session, our project is to have a new microphone, Combo , EUT shirt, Visiting Govt. Aizawl College.

We could not fulfill all our Plans and projects due to the Pandemic.

Members:

Students who filled up membership form prepared by AICEU are enrolled as members. There are about 120 members based on registration form.

Fellowship:

Worship service is conducted every Monday, Wednesday, Friday at Hall No 2 II Semester Life Science classroom during lunch break, i.e 12:30 pm – 1:00pm.

Worship service is mostly conducted in Mizo Except Friday in which it is conducted in English. Worship Service programs mainly comprise sermon, sharing, praise and worship. Also, Prayer Meeting is conducted every Tuesday at EU Office during lunch break and Bible Study is conducted on Thursday after the class is over at EU office.

FUND RISING:

Fund rising is carried out during college week , SU cup and other important occasion . The activities done for fund rising are such as Offering, free Will Offering Selling Practical book, Pickle, Smoked Pork, Smoked Beef, fish, snack, water, jumble sale etc....

PROPERTIES:

1. One Keyboard
2. One Kahone
3. Twelve Plastic chairs
4. Two Admirals
5. Two Microphone
6. One Hollow Guitar
7. Two Mizo drums
8. Water Filter

9. Kristian Hla bu (About 120)
10. Offering Box etc.....

VISITORS:

During this session, we are very fortunate to have visitors like Mr PM Phillip (Staff worker UESI) R. Vanhmingmawia (Student Co–ordinator), Evangelical Graduate Fellowship (EGF UESI MIZORAM) .

MONTHLY MAGAZINE:

We are able to continue the publication of Monthly EU Magazine ‘REDEMPTION’ which contains article, sermons, College News, prayer points, etc.....

OTHERS ACTIVITIES:

1. Every month, we contributed ‘Rs 500/- to AICEU, ‘Rs 100/- SEC.
2. We attended AICEU programme and EGF Programmes like One day with Jesus, joint fellowship, Bible Study ,Orientation training etc...
3. On Fresher social cum Graduation Day, opening song was presented by EU choir.
4. We are able to have our 23rd Rising Day Anniversary on 2nd October 2019.
5. Six Students attended the State Leadership Training Camp (SLTC) in Lunglei HATIM, organized by EGF and AICEU. In this camp our unit President J Lalhlimpa served as Assistant Camp Director also Vanlalchhanchhuahi (Music Secretary) served as Recording Secretary and Lalmuanawmi (Treasurer) served as Medical Incharge.

CONCLUSION:

We give thanks and glory to our Lord Jesus Christ for His guidance throughout 2019 – 2020 session. May God bless our Principal, Professors, Non- teaching Staff and our senior Adviser for always supporting us and giving good advice with sincerity. Thanks to all active members who worked very hard in everything May God guide you on your future and bless you all and may God give you wealth and strength and blessing for contribution and bless everyone to continue in serving the Lord.

May God bless all of you abundantly for your contribution in serving him and spreading his word in the Campus.

“YOU DID NOT CHOOSE ME; I CHOSE YOU AND APPOINTED YOU TO GO AND BEAR MUCH FRUIT, THE KIND OF FRUIT THAT ENDURES. AND SO THE FATHER WILL GIVE WHATEVER YOU ASK HIM IN MY NAME”.
(ROME 15:16)

“Transform students impacting the campuses and the nation as disciples of the Lord Jesus Christ”

MISSION STATEMENT –

“To evangelize post-matric students in India, nurture them as disciples of the Lord and savior Jesus Christ that may serve the Church and the society.”



Report on

ACTIVITIES OF IQAC 2019 - 2020



Lalrinsangi Nghinglova
Coordinator. IOAC

The 2019-2020 session witnessed several changes within the college administration. The erstwhile Co-ordinator Prof B.Zoliana took over charge as the regular principal of the college. In the meantime, the incumbent Principal Laltanpuia took charge as the SPD, RUSA in the office of Higher & Technical education, Government of Mizoram. The IQAC in its meeting on 3.7.2019 appointed Dr.Lalhmingliana Hnamte as the new co-ordinator to be assisted by Lalrinsangi Nghinglova and M.S dawngliani as Asst.Co-ordinators. However, due to health issues, Dr.Lalhmingliana Hnamte resigned as the co-ordinator on November 2019. The General body meeting appointed the Asst.Co-ordinator Lalrinsangi Nghinglova as the new co-ordinator and M.S Dawngliani and Dr Lawrence Zonunmawia as Asst.Co-ordinators.

Following is a report of the activities of the IQAC during the academic year 2019-2020.

1.Preparation of Academic calendar : Academic calendar for the Odd and Even semesters during the reporting period were prepared and displayed at prominent places in the college campus. They have also been uploaded on the college website.

2. Library Orientation for freshers : During 3rd-8th July Library orientation was organised in collaboration with Library sub-committee for the newly admitted students to offer them a better understanding of the workings of the Library.

3. Mentoring of Students : Grouping of students and assignment of teachers to the students was done by the IQAC. The Iqac monitored and supervised the mentoring system and assigned dates for Mentor-mentee meet. The assigned dates were included in the academic calendar. Reports from each mentor were received by the IQAC and were compiled for inclusion in the college yearbook.

4. Award for Best Performing Department : The best performing department was chosen for the academic year 2018-19. In the preceding year Electronics department was chosen as the Best department. The selection was made on the following criteria :

- i. Regularity of submission of department report
- ii. Activity of department submitted in their reports
- iii. Submission of supporting documents and evidence

Based on the above criteria Best Department award 2018-19 was given to the Department of Home science

5. Publication of yearbook 2018: The IQAC felt proper documentation of events and activities is of great importance. Hence a College Yearbook 2018 was published and released on Freshers's social 2019.

6. Student's feedback : Feedback from students were collected with slight modification on the old feedback form. The feedback was collected by individual teachers and after self-study of the feedback was done, it was submitted to the principal for necessary action.

7. National Short training course on Research Methodology : The IQAC in collaboration with the Research and Seminar sub-committee organized national level Short training course on research Methodology during 12th -17th August 2019 under the auspices of Psychology Department, MZU.

8. Meeting with sub-committees : On 26th August 2019 the IQAC had a meeting with representatives of all the sub-committees created by the IQAC to ensure quality enhancement and teamwork. The meeting was called to reflect upon the progress made by individual committees and to make necessary changes wherever required.

9. Parents – Teacher Meeting : The IQAC organized Parents-teacher meeting on 29th August 2019. Separate meetings were held for Home Science and BCA. Feedback was collected from Parents and necessary actions were taken upon their suggestions.

10. One day NAAC awareness workshop: One day NAAC awareness workshop was successfully held on 25th September 2019. Two renowned resource persons were invited:

- i) Professor Lalnundanga, Registrar, MZU
- ii) Dr Lalbiakzuali, Assoc. Professor GHBC

11. Self –Defense class for Female students : The IQAC in collaboration with Women’s Study Committee organized a self-defense class for 5th semester female students on 24th October 2019.

12. Restructuring of the IQAC : Following the latest guideline from NAAC ,the composition of the IQAC was revised as follows :

Chairperson : Prof B Zoliana, Principal

Teachers to represent at all levels :

- i) Dr. Lawrence Zonunmawia chhangte, Asst Co-ordinator
- ii) MS Dawngliani, Asst Co-ordinator
- iii) Lalsangkimi Hmar
- iv) Dr. Lalzahawmi Chenkual
- v) Dr. Lalhmingliana Hnamte
- vi) One senior teacher as Co-ordinator : Lalrinsangi Nghinglova
- vii) One member from management : Prof Lalnundanga, Registrar, MZU
- viii) Few senior administrative officers :
 - a) Dr. R Lalengmawia, RUSA institutional coordinator & Exam committee member
 - b) H. Thangkhanhau, web-master.
- ix) One Nominee each from employers/industrialists/stakeholders:
 - a) Employers :
- x) One nominee each from local society ,students and alumni
 - a) Pu J H Zoremthanga, Secretary, MSSB by virtue of his high social standing and contribution towards education
 - b) Vice –President/Gen secretary of Student’s Union by virtue of office
 - c) President/General secretary of the Alumni association by virtue of office

13) Submission of AQAR : The new system of AQAR submission and the change of office of Principal resulted in delay of submission. However AQAR 2015-16,16-17,17-18 were submitted by January 2020. The next AQARs were put up in our portal in early March 2020. However, with the lockdown being in force the date for submission has been extended by NAAC. Hence, the next two AQAR 2018-19 & 2019-20 are being prepared and will be ready for submission by October 2020.

14) Learning Management System : LMS has been developed by the college under the initiation of the IQAC with the college Webmaster Mr H. Thangkhanhau taking care of all the technical details. To encourage faculty members to create e-contents a special training on e-content development was organized on 10th February 2020 for representatives of each department. The webmaster gave the training to the selected faculty members. As a result 27 video tutorials on the syllabus have been created and uploaded on our college website for the benefit of the students.

15) Activities during Lockdown Period: With major setback imposed by the lockdown due to covid-19 the IQAC turned to technology and digital learning. In spite of the suspension of classes, the institute has continued to reach out to the students through the mentoring system and class whatsapp groups. Following is a list of initiatives taken by the IQAC under the chairmanship of the Principal and in collaboration with other sub-committees.

i) Completion of Syllabus through online classes : The IQAC took the initiative to ensure that learning continued in spite of the lockdown. It worked in coordination with the Principal and Heads of department to find ways and means to continue teaching in the online mode. Many departments used google classrooms to continue teaching. Materials were provided to students via whats-app.

ii) LMS development : As mentioned above, training had been provided to teachers on e content development. During the lockdown the need for such materials were greatly felt and as many as 27 video tutorials were prepared by the concerned teachers on topics contained in the syllabus. These videos have been uploaded on the college website for students to access anytime.

iii) Conduct of tests and assignments: Tests, internal examinations and assignments were given to the students within a time frame scheduled by the Heads of Departments meeting and IQAC through the online mode. As a result all internal marks were prepared and submitted on time. Students have been instructed to maintain their hard-copy for authentication.

iv) On-Line admission: The IQAC in collaboration with the Admission Committee has taken the initiative to start online admission system from the new academic session. The technical details were worked out by the Webmaster and endorsed by a joined meeting of the IQAC and Admission Committee via ZOOM meeting.

v) Monitoring of Mental Health of students : The IQAC under the chairmanship of the Principal has set up a helpline by appointing the already existing Evangelical and Spiritual Counselling Committee as it consist of teachers who have already gained expertise in providing mental and spiritual help to students. The Students were informed through whatsapp and the website about the existence of the helpline.

vi) Ensuring safety of female students: With the lockdown imposed there are reports that Domestic violence is on the rise. The IQAC authorized the Women's Studies Committee to take necessary action as the college is deeply concerned about the welfare of our students. The Women's Studies Committee teamed up with the Women and Child cell, Social welfare Department, Government of Mizoram. The Women Helpline number was disseminated via whatsapp and college website so that students may reach out for help

vii) Online Personality Development course: The Student Support Committee, supported by IQAC and RUSA was all set to organize the 8th Personality Development Course this year when the Pandemic hit and almost everything we were familiar with had to undergo a change. We had two options: cancel the program or wait for better days. But cancelling the program would be a great loss to our final year students as we believe the course will provide them with life skills that are so crucial for them. So the committee decided to initiate the online mode of the course and made necessary contacts and arrangements. Our resource persons were contacted and they willingly decided to support us in our venture. Our Member Sir H. Thangkhanhau took up the task of arranging the technical details. We decided to use Cisco Webex and the students were invited through whatsapp to download the app and the join the course which were to be held between 19th June -23rd June 2020 from 5:00 pm.

Feedback was collected via online mode after every session and an overall rating on the course showed that the course was a great success. Most of the Resource persons and the courses introduced were rated as excellent. E-certificates were awarded to all participants after the end of the four –days session.

viii) Collaborations with Imade for add-on courses(online mode) : Collaborations are underway to start online add-on courses in collaboration with Imade(Innovations in Mobile Application and Development Eco- system) which brings hassle-free quality online education to students from most reputed global institutions such as Harvard,MIT,Stanford,IIM-Bangalore and Imperial Business school. With the university exams around the corner, the courses are yet to be started.

ix) The Student Support Committee under the supervision of the IQAC has used digital technology to identify students affected economically by the pandemic and other natural disasters. Contributions from teachers were made through online Banking. Collections to the tune of Rs 1,70,600 was received and as many as 17 students who faced financial crisis were given financial support via online banking. This has been done to ensure that students continue their education despite financial crisis and avoid dropping out.



Report from

NSS UNIT



Mr. Lalnunthara
Programme Officer

National Service Scheme (NSS) Unit of Government Zirtiri Residential Science College was established in the year 1985. Currently there are 600 volunteers grouped into 6 units under 6 Programme Officers as given below

1. Mr. Lalnunthara
2. Dr. C. Zoramthara
3. Mimi Lalmuanawmi
4. Rebecca Lalnuntluangi
5. Dr. P.C Rohmingliana
6. Dr. C. Lalremruatfela

NSS unit of GZRSC has been an integral part of college development especially in maintaining cleanliness within campus and college buildings. Voluntary Blood donation count is at its all-time high in the history of the college due to the campaigns organized by NSS unit. The Unit also erected many structures through its adopted villages in different parts of the state which has proven beneficial to the public on several occasions. Activity report of NSS unit, GZRSC for the academic year 2019-2020 is given below.

1. Regular activities

1.1 Cleanliness activities:

- a) **05.07.2019** : Mass Cleanliness Drive was conducted in and around college campus in collaboration with Cleanliness Committee. All Programme Officers and 423 volunteers took part in this programme.
- b) **10.09.2019** : Participated in Mass Cleanliness Drive in Aizawl City and A.R Ground. 4 Programme Officers and 30 volunteers participated in this event.

c) **13.09.2019-16.09.2019** : Cleanliness campaign followed by mass cleaning was conducted in collaboration with Cleanliness Committee. All Programme Officers, Cleanliness committee members and 500 volunteers took part in this event.

d) **16.01.2020** : Mass Cleanliness Drive was conducted in and around college campus. All Programme Officers and 437 volunteers took part in this programme.

1.2 Plantation activities:

a) **11.06.2019** : Observation of “Green Mizoram Day” and Plantation Site visit at Hmuifang Road (Midum Kham).

b) **10.03.2020** : Renovation and beautification of Sihhmui Plantation. 20 volunteers and 4 Programme Officers were present in this programme.

1.3 Blood Donation:

a) **On 28.01.2020** : Voluntary Blood Donation for Civil Hospital, Aizawl was conducted at College Campus. 567 volunteers turned up and 137 units of blood was donated (Male-103, Female-34)

1.4 Observation of Important days

a) **Green Mizoram Day**: On 11.06.2019, Observance of Green Mizoram Day was carried out at Hmuifang road plantation. 6 Programme Officers participated in this event.

b) **Green Mizoram Day**: On 26.07.2019, Observance of Green Mizoram Day was carried out at in Collaboration with ECO Club GZRSC at Durtlang campus. 5 Programme Officers and 72 volunteers participated in this programme.

c) **Observation of Swachhta Pakhwada**: On 13.08.2019, Observation of Swachhta Pakhwada was carried out by visiting orphanage (Mother less Babies Home) at Tuikual South, Aizawl. 6 Programme Officers and 9 volunteers took part in this event.

d) **Observation of Poshan Abhiyan**: On 18.09.2019 Observation of Nutrition month was carried out at College Auditorium with resource person Mrs. Lalrosangpuii, Asst. Professor (Biochemistry). All Programme Officers and 80 volunteers took part in this event.

1.5 Programme Officers’ Activities:

a) “Meeting of Programme Officers” regarding observance of Green Mizoram Day 2019 on 14.05.2019

- b) “Meeting of Programme Officers” on follow-up of plantation of flowering plants at Sihhmui on 24.05.2019.
- c) “Meeting of Programme Officers” regarding cleaning of plastic waste in Aizawl City in collaboration with Aizawl Municipal Corporation (AMC) on 31.05.2019.
- d) “Meeting of Programme Officers” on follow-up of plantation of flowering plants at Sihhmui. on 31.05.2019.
- e) “Programme Officers meeting on Training on Life Skills and Personality Development Training” at SNO Office on 05.11.2019.
- f) 3 Programme Officers attended training on PFMS at SNO Office on 28.10.2019.
- g) “Two Day Workshop on Challenges and Opportunities in NSS in Mizoram” at Tourist Lodge, Chaltlang. 2 Programme Officers participated in this event on 14th -15th November 2019.
- i) “Programme Officers meeting Inter-Institutional Camp on Life Skills. Leadership and Personality Development Training” at SNO Office on 30.01.2020.

2.6 NSS Festival

- a) **North East NSS Festival:** On 15.01.2020, deputed 8 volunteers for NE, NSS Festival at Tezpur, Assam.

2. Others

- a) **Celebration of 1st prize award (overall category) in voluntary blood donation during 2018-2019 & Release of NSS Directory 2019-2020:** On 12.07.2019 two Programme Officers attended this programme at Aijal Club.
- b) **Orientation Programme:** On 15.07.2019, Orientation programme was organized at college auditorium for first semester students. 6 P.O and 260 volunteers attended the programme.
- c) **State NSS Officer (SNO) visit:** On 14.08.2019, Dr. Zirlianngura (SNO) visited our unit and held a meeting with Programme Officers discussing important matters regarding NSS.

d) **50th Foundation Day:** On 24.09.2019, there was a celebration of 50th Foundation Day at Vanapa Hall. 3 Programme Officers and 27 volunteers participated in this programme.

e) **Self Defense Training for Women Volunteers:** On 24.10.2019, Self Defense Training for Women Volunteers was organized at College campus. 4 Programme Officers and 32 volunteers participated in this programme.

f) **Training on Life Skills and Personality Development:** 02.12.2019-06.12.2019, Training on Life Skills and Personality Development was organized at College Campus. 6 Programme Officers and 82 volunteers from different Schools and colleges participated in this programme.

g) **Republic Day Parade:** On 29.12.2019, 1 volunteer was deputed for Republic Day Parade contingent at New Delhi.

h) **Walkathon (Fit India Movement):** On 18.01.2020, Walkathon (Fit India Movement within Aizawl City. 3 programme Officers and 30 volunteers participated.

i) **Inter-Institutional Camp on Leadership and Personality Development:** 2nd to 6th March, 2020, Organized Inter-Institutional Camp on Leadership and Personality Development at College Campus.

3. Special Camping:

Special camping was organized at the following venues during 2019-2020

a) Special camping was organized at Ramhlun N Basic Mual and Sairang Dinthar village during 10th to 16th March 2020. 4 P.Os and 50 volunteers participated in the programme. The main activity in this programme was construction of public urinal and social work.

b) Special camping was organized at Ramhlun venglai, Chhingchhip and Thingsulthliah village during 4th to 10th March 2020. 3 P.Os and 50 volunteers participated in the programme. Public urinal was constructed in these localities.



Report from

NCC UNIT



Lalrinsangi Nghinglova

CTO 2018 - 2020

For the first time in the history of the college the NCC GZRSC UNIT of the 1st Mizo Air Squadron was started on November 2018. The first caretaker officer (CTO) to take charge was Mrs Lalrinsangi Nghinglova. Initially the unit started with 15 cadets. With the new recruits there are 28 active cadets at present even though there were 34 cadets on roll. (16 SW + 18 JW)

The following activities have been carried out by the Unit:

1. **Poster Campaign on clean water** : The first activity by the Unit was a poster campaign on clean and safe water. The Cadets made several posters on the theme of clean and safe water and exhibited them on the college corridor. MS Zonunthari Assoc. Professor, Dept of Chemistry was invited as a resource person and she spoke on the conservation of water.
2. **Mini Marathon** : Some of our cadets participated in the mini marathon on 20.10.2018
- 3.1 **MIZO AIR SQUADRON NCC ANNUAL TRAINING CAMP 2019** : Annual Training Camp (2019) for 1 Mizo Air Sqn. NCC was held at State Training Centre, Tanhril from 23rd June 2019 for ten (10) days. During the camp, different types of activities such as Drill, Armed Drill, Flying, etc were practised. The camp is basically meant to impart confidence and to develop leadership quality among cadets. The camp was held under the management of the Commanding Officer, Wing Commander S. Nitin. Cadets were looked after with great care under his guidance during the camp. JD/JW cadets from 19 school attended the camp and SD/SW cadets from 4 colleges viz. Gov't. Zirtiri, PUC, GJC and NIT, and SD

from Gov't. Mizo. From Govt. Zirtiri Residential Science College 5 SD and 5 SW attended the camp for the first time. They are P. Rosangpuia, Rosiama, CBC Lalsangliana, Lalruatfela, Lalthanpuia, Lalrinzuali, T. Lalruatpuii, Sari Lalzahawmi, Roshni Singh and Daisy. There were approximately 300 cadets who attended the camp. Some PI staff and MI staff also attended the camp to support and perform necessary tasks at the ongoing camp. Rosangpuia, Lalthanpuia from GZRSC and Lalnunmawia from PUC were chosen as best in skeet shooting. Demonstration for aero-modelling was held among the cadets and demonstrated by CBC Lalsangliana from our Unit.

4. **Air force attachment Camp** : Cadet R.Lalrosiama attended the Air Force attachment Camp NCC, North East region at Guwahati Air force Station 19 wing, Eastern Air Command from 9.6.2019-23.6.2019. The camp was attended by cadets from other Units such as:

- 1 MIZO AIR SQD NCC -2 cadets
- 1 NAGALAND AIR SQD NCC -3 cadets
- 1 MANIPUR AIR SQD NCC -3 cadets
- 50 ASSAM AIR SQD NCC -2 cadets
- 51 ASSAM AIR SQD NCC-3 cadets

During their camp they visited Base repair Depots, MTO & ACCT section, the Hornbill squadron, Air Force Signal regiment, Fire section, Airmen Selection centre, Helicopter Unit, ATC Guwahati, Repair & Salvage Unit, movement control Unit, National Disaster Response Force. The camp was a great learning experience for the Cadet and the GZRSC unit is proud that its cadet has been chosen to represent the 1 MIZO AIR SQD NCC in spite of the fact that the Unit is not even a year old.

5. **Pre Vayu Sainik Camp** : 11 cadets from the Unit attended the regional level Pre-Vayu Sainik Camp held at Narangi Military Station Guwahati during the months of September & October 2019. The main events of the camp included Skeet Shooting, Firing, Drill, Tent Pitching, Flying, Aero-modelling. Under academics are included General subject, SOP, Health and hygiene. Classes were held every day on the three academic subjects and 2 tests per week were conducted every week. In between these classes the participants were taken to Guwahati Air Force station for flying lessons. Three cadets from our unit won awards during the camp. They are:

- i) Lalrinzuali : Gold medal in academics
- ii) P. Rosangpuia : Gold Medal in skeet Shooting (male)
- iii) Sari Lalzahawmi : Gold medal in skeet shooting(female)

Cadets with good performance in the series of tests were chosen to go forward to the Vayu Sainik Camp (National level) at Jodhpur, Rajasthan. From our unit three cadets namely Lalruatfela, P. Rosangpuia and Lalthanpuia were chosen to represent Mizoram. Along with 4 other cadets from Pachhunga University College. The AIVSC is the highest camp for NCC Air Wing. Participants from the North East Region (NER) were declared the best in drill.

6. **Pilot drill** : On 21.10.2019 the unit performed the Pilot drill to welcome delegates from the Mizoram State Legislature who came to visit our college. The delegates were pleased with the warm welcome exhibited by the cadets.

7. **Pre-Republic Day Camp -1(PRDC)** : Two cadets from our unit namely CBC Lalsangliana and T. Lalruatpuii attended the PRDC -1 at Narangi Military Station Guwahati during 10th Dec-20th December 2019. Cadets from AIR wing, Naval and Army attended the camp. During the camp, drill practices are carried out everyday amongst other activities. Competitions are held in items such as cultural, guard of honour, best cadet and YEP.

8. **EBSB & Army attachment Camp** : Cadet Sari Lalzahawmi from our unit attended the camp at NIT Silchar during 8-19th December 2019. Classes were held regularly for 10 days and were also given practical classes on first Aid skills and CPR techniques etc .Weapon display and dog show were also organised.

9. **B Certificate Examinations** : Cadets from our college gave the 'B' certificate examinations on 14th March 2020. This examination consists of written exams and Practical Examinations.

10. **Other activities** : Classes are held almost every Tuesday / Thursday at the NCC office in the morning before college starts. Breakfast is usually provided for the students as they are required to attend classes at the college, Drills are practiced on Saturday mornings

at Assam Rifle Ground. Cadets from our unit take part in these events regularly. NCC day was also observed at PUC.

Acknowledgement : The NCC Unit of Government Zirtiri Residential Science expresses its sincerest gratitude to the Commanding Officer, Wing Commander S. Nitin and all the PI staff of 1 Mizo AIR Sqn. NCC for starting a Unit at our college and lending their endless support to ensure that our cadets are successful. The CTO Lalrinsangi Nghinglova having finished her term as the CTO is pleased to handover charge to the new CTO Dr Lalmuankimi who has also been nominated for the post of ANO. They will continue to work together for the benefit of the cadets. We look forward for more productive years in the coming future.

Jai Hind!



Report from

YOUTH ADVENTURE CLUB

*Lalthafamkima
Leader, Zirtirians YAC*

Greetings, it is a great privilege for me to give a brief report of the Youth Adventure Club's achievements and activities carried out during 2019-2020, in spite of various obstacles and hardships

REPORT:

OFFICE BEARERS:

Election was held on 9th July, 2019

Leader	:	Lalthafamkima, 6th semester B.Sc, Botany
Deputy Leader	:	Lalchhanmawia 6th Semester BCA
Secretary	:	Paul L Ralsun, 6th Semester B.Sc Chemistry
Asst. Secretary	:	Lalrinzuala, 4th Semester B.Sc Physical Sciences
Treasurer	:	Lalmuanpuui, 6th Semester B.Sc Geology
Finance Secretary	:	Lalrinzuali, 4th Semeste

MEETINGS:

Ten meetings were conducted during this session where the Club's members and Office Bearers interacted with each other on future plans and management for the club. Such meeting were generally held after classes in different classrooms which were convenient.

ELECTION OF INTER-COLLEGE YOUTH ADVENTURE CLUB'S OB:

Inspite of its young formation, our college Youth Adventure Club holds a high posi-

tion in Inter College Youth Adventure Club's Office Bearers, Where our esteem Leader LALTHAFAMKIMA was elected as a Deputy Leader. This election was held at Govt. Hrangbana College on 27th July 2019 by Youth Adventure Club's Office Bearers from different colleges.

ONE DAY TRAINING:

One day training was held twice during this session.

Firstly it was held at the college campus on the 17th July, 2019 where 40 members were presented on this training and different activities were held during this training such as; rappelling and rope knots were taught.

The second one, it was held at Beraw tlang on 24th August, 2019 where 22 members took part in this session. Activities like Jummering, Rappelling, Zip-Line, setting of tent and different types of Rope coil were conducted. Also after training the candidates clean up the campus by picking up waste materials around the campus.

FUNDRAISING

Inspite of starting the club without any single penny, due to voluntary hard works and struggles of the Club's members and God's guidance, we were able to save a few amount of balance beside the total expenditures of the club in this session. Some of the activities to raise funds are:

- 1. MEMBERSHIP DRIVE:** Poster-making and giving out applications, the club obtained a few member which help in raising a fund through membership fee.
- 2. SELLING PICKLE, PINEAPPLE AND DISHWASH LIQUID:** With the fund raised from membership fee, pickle and pineapple were bought and sold for a higher price by the club's member.
- 3. MANUAL WORK:** Unloading of aggregates/crushed stone and sand was held on night of 17th August,, 2019, where more than 12 members attended this work.
- 4. COLLEGE WEEK:** During college week the club's members sold different items to raise fund. We would like to thank the EU leader in allowing us to this as it is also their main event in raising fund.
- 5. NSS CADET TRAINING:** With and opportunity given by NSS Unit of Govt. Zirtiri

Residential Science College. Zirtirians YAC were employed to trained the cadet on 4th December 2019, where few techniques of rescuing in time of disaster and rappelling were taught.

MONSOON CHALLENGE:

It was conducted by Inter College Youth Adventure Club at Reiek tlang on 30-31st, August 2019, where four of our Office Bearers, Lalthafamkima, Lalchanmawi, Lalmuanpui and Paul L Ralsun attended the challenge on behalf of Zirtirians' YAC. The challenge comprised of trekking to the peak of Reiek from Ailawng to spend the night at Reiek peak with self-sustenance then trekked down the peak at mid-day the next day. Also the whole challenge was led by our YAC leader Lalthafamkima as Deputy Leader of Inter College Youth Adventure Clubs.

CLUB T-SHIRT RELEASED:

As a result of the hard work and struggles of the Office Bearers, for the first time Zirtirians Youth Adventure Club was able to obtained a club T-shirt. The releasing programme was held at the college auditorium on 17th October, 2019 by Dr. P.C Rohmingliana and light refreshment was served to the participants. In celebration both Teaching and Non-Teaching stuff of the College.

NSS TRAINING:

With an opportunity given by NSS Unit of Govt. Zirtiri Residential Science College, the Zirtirians YAC members participated in training on CAPACITY BUILDING of LEADERSHIP and PERSONALITY DEVELOPMENT through LIFE SKILLS during 2-6th December,2019 at Govt. Zirtiri Residential Science College, Aizawl.

15th SEARCH AND RESCUE TRAINING (Mountaineering Technique Training):

Conducted by the Department of Sports and Youth Services on 27th -31st January,2020 It was attended by three of the club's members, Paul L Ralsun (6th semester of Physical sciences), Lalliantluanga (4th semester of Life Sciences) and Zomuansanga (4th semester of Life Sciences). The training mainly comprised of different techniques in

rescuing and giving First Aid in time of disaster.

The trainees successfully finished the training course and were certified by the organisers.

SURVIVAL TRAINING CUM RISING DAY:

Survival training Cum Rising day was held on 6-7th March at Tuirial, where 10 members and 6 OBs participated. Activities held during this training are, an obstacle race at airfield, wall climbing and trekking Muthi lui from Tuirial to Zemabawk. Also during this training everyone took care of their own needs like foods, tent etc...

VOTE OF THANKS:

I give my heartfelt gratitude to our respected Principal, professors in charge and all my fellows students for your unending supports and cooperations in each and every activities of the Youth Adventure Club throughout the Academic session 2019-2020. The Club could have never functioned without your supports and efforts. And lastly I hope all the memorable experiences, achievements as well as failures and lovable memories we have created may cherish and be a set of example and guide for all upcoming students. We hope that this club continues to strengthen the bonds for all the students in GZRSC.

“Life is adventuring, climbing on the hill/mountain or boating on the river is just an enjoyment, and the real adventure is our present day. So prepare your mind set for adventuring to develop a better world.”

“THE BEST VIEW COMES AFTER THE HARDEST CLIMB”



Report from

ONLINE PERSONALITY DEVELOPMENT COURSE 2020



Lalrinsangi Nghinglova

Secretary, Student Support Committee

The Covid-19 pandemic posed a great challenge for everyone. Many situations and things underwent a change and nothing could be taken for granted anymore. However, there is always the positive and negative side to everything. And so, it is with this pandemic too. The upside to this pandemic is that the college made history by organizing the Personality Development course in the online mode for the first time in the history of the college. The Personality Development course was introduced for the first time in 2013 under the UGC merged scheme to benefit the final year students of the college. The course aims at imparting knowledge and skills that will equip our outgoing students with the basic know-how to face the challenges in life. Initially the course was run by two sub-committees under the scheme namely:

- 1) Career Counselling and Placement Cell
- 2) Coaching for Entry into Services

With the termination of the scheme, the course continued to be organized by the student Support Committee. The course has been made partially self-financing with students paying a nominal amount of Rs.50 as registration fee and the rest of the expenditure is borne out of funds received from RUSA. The event is also supported by IQAC and it is run along Course on Computer Concept (CCC) for final year students of Science and Home Science streams. The course normally ranges from a one week course to a two weeks course depending on the availability of time. Members of the committee are :

Mrs. Zodinpuui, Chairperson

Lalrinsangi Nghinglova, Secretary

Members: Lalsangkimi Hmar Caroline Zaihmingthangi

Dr.Lalzahawmi Chenkual Lalthanpuii Ralte

M.SDawngliani H.Thangkhanhau

Lalhruaitluanga Laltlanchhungi

Lalrintluangi

This year too, the Student Support Committee, supported by IQAC and RUSA was all set to organize the 8th Personality Development Course 2020 when the Pandemic hit and almost everything, we were familiar with had to undergo a change. We had two options: Cancel the program or wait for better days. But cancelling the program would be a great loss to our final year students as we believe the course will provide them with life skills that are so crucial for them. So, the committee decided to initiate the online mode of the course and made necessary contacts.

Our resource persons were contacted and they willingly decided to support us in our venture. Our Member Sir H.Thankhanhau took up the task of arranging the technical details. We decided to use Cisco WebEx and the students were invited through WhatsApp to download the application and join the course which were to be held between 19th June - 23rd June 2020 from 5:00 pm onwards. The committee was cautious in choosing the time slot, keeping in mind the convenience of the students who are dispersed throughout the state. The committee decided on the following program :

SHORT TERM COURSE ON PERSONALITY DEVELOPMENT 2020

(Online Mode)

19th June – 23rd June 2020

Organized by Student Support committee

Supported by IQAC & RUSA GZRSC

Date & Time	Resource Person	Designation & Profile	Topic
19 th June (5:00-6:00pm)	Jane Lalduhchungui Vanchhawng	Clinical Psychologist District Mental health Programmatical.	Mental Health & Stress Management
20 th June (5:00-6:00pm)	Carolyn Rinthanpuii Fanai	Circle Education Officer Aizawl West 1. Former trainer at Infosys (voice & accent and soft skills). Former English instructor for Govt Teachers at Taipei, Taiwan.	Life skills
22 nd June (5:00-6:00pm)	Susan R. Ralte	Lecturer & HOD Garment technology Department Women's Polytechnic, Aizawl. NIFT Alumni. Works with Mizo handloom artisans & Dept of Sericulture. Judge of Miss Mizoram contests & Involved in Personality development of Contestants.	Social values & responsibilities
23 rd June (5:00-6:00pm)	Lalhruaitluanga	Asst Professor, GZRSC. Certified career analyst. International certified career counselor. Certified Life Coach. Master trainer in Entrepreneurship.	Career Guidance and Entrepreneurship

The first day of the program was hosted by our member Mrs. MS Dawngliani. The session was attended by 72 participants including 7 teachers. After the secretary introduced the Resource Person Ms. Jane Lalduhchhungi Vanchhawng who is a clinical psychologist, District mental health Program, Aizawl. She spoke on the much –needed topic of Mental health & Stress Management. Her session was rated as very useful and very good by a majority of the students.

The second day was once again hosted by Miss MS Dawngliani and the resource person for the day was Mrs. Carolyn Rinthanpuii Fanai, Circle Education officer, Aizawl west. A former trainer at Infosys and Taiwan her expertise in imparting knowledge on Life Skills lessons was greatly appreciated by the students. The students rated her session as excellent and very interesting. The Secretary delivered the vote of thanks after the end of the Question and Answer session. The session was attended by 89 participants including 9 teachers.

The third day was hosted by Sir H. Thangkhanhau and the resource person for the day was Mrs Susan R Ralte who is Lecturer & HOD, Garment Technology, women’s Polytechnic. She has been actively involved in Personality Development programs and is well known for her involvement in the Miss Mizoram Contests as a judge and a mentor. Her team had been stitching Masks and PPE for health workers during the pandemic and her role in the society makes her extremely suitable to speak on the topic of “ Social Values and Responsibilities”. Her session was rated as excellent and very relevant. Mrs. Zodinpuii, Chairman of the committee delivered the vote of thanks. The session was attended by 92 participants with 11 teachers.

The last day was hosted by Mrs Ms Dawngliani. The Principal, Professor B. Zoliana was invited to give a speech .After the Principal’s address, the resource Person Mr. Lalhrwaitluanga was invited to give his talk on Career Guidance and Entrepreneurship. Apart from being an Asst. Professor of our college, he is a certified career analyst, International certified Career Counselor, Certified Life coach and a Master trainer in Entrepreneurship. His session, attended by 95 participants was rated as excellent and very relevant. The Secretary, Mrs Lalrinsangi Nghinglova was invited to give the Secretary Report and the session ended with a vote of thanks from a member of the committee, Dr. Lalzahawmi Chenkual. All

the proceedings have been recorded and uploaded on YouTube. Certificates were given to all participants via email after filling up the feedback form. Feedback was collected after every session and an overall rating on the course showed that the course was a great success. Most of the Resource persons and the courses introduced were rated as excellent. Long discussions followed during and after the sessions and this is a good indicator of the success of the programme. Normally the Personality Development course ends with a grand dinner. But due to the lockdown we cannot be sure when we can have the farewell dinner. All we can do now is to hope and pray for better days when lives get back to normal and we can look forward to more successful courses for our students.

Attachments:

1. The detail programme with resource persons

Govt. Zirtiri Residential Science College
Online Course on
Personality Development 2020

	Day 1 (19.6.2020) Mental Health & Stress Management by Ms. Jane Lalduhchhungi Vanchhawng
	Day 2 (20.6.2020) Life Skills By Carolyn Rinthanpuii Fanai
	Day 3 (22.6.2020) Social Values & Responsibilities By Mrs. Susan R. Rate
	Day 4 (23.6.2020) Career Guidance & Entrepreneurship By Lalhruaitluanga

 Organized by Student Support Committee,
Supported by IQAC & RUSA, GZRSC

2. Overall Feedback about the programme



3. Overall Feedback about the resource persons



4. Youtube Links for all the events

Day 1

<https://youtu.be/PJQjvnuiFRc>

Day 2

<https://youtu.be/ICNzm8wqUpq>

Day 3

https://youtu.be/t_3xtPFLdUM

Day 4

https://youtu.be/nHjXFqq_Ado



ARTICLE

(English)



Folktales of Peace and Justice: A study of Achebe's *Things fall Apart*

Lalrinsangi Nghinglova
Associate Professor, Dept. of English



Folk literature includes all forms of prose narrative, written or oral, which has come down through the years and may be in the form of folk songs, folk tales, riddle, proverbs or other materials preserved in words or in writing. The value of folk literature can hardly be exaggerated.

In his book, *African Literature: An introduction*, Oyekan Owomoyela (1979) made the observation that, "There is hardly any phase of tradition and life that is not affected or regulated by some aspect of the folklore, because it is the medium through which the behavioural values of the community, the cumulative wisdom and technology devised by, by gone ages are made available to the present generation and preserved for posterity."

Franz Fanon speaks of the importance of rescuing history from the colonizer's custody in his Chapter on

'National consciousness' in *The wretched of the earth* (1965) that in the face of European denials of any worthwhile native culture or history "the claim of the native intellectual are not a luxury but a necessity in any coherent programme. The native intellectual who takes up arms to defend his nations legitimacy and who wants to bring proofs to bear out that legitimacy, who is willing to strip himself naked to study the history of his body, is obliged to dissect the heart of his people.' This is exactly what Achebe does in his novel *Things fall Apart*, defends his "nation's legitimacy" by exploring folk literature through his novel.

Things Fall Apart was written in 1958 by a Nigerian Author Chinua Achebe. The novel is chiefly concerned with the theme of pre and post colonial life in the late nineteenth century Nigeria. Africa had, prior to the writing of Achebe, been projected as the 'Dark continent' and as Fanon puts it,

the home of ‘barbarism, degradation, and bestiality.’ Achebe and other novelists from the African continent have taken over the task of affirming its cultural validity, the delineation of its own. And they accomplish this with a depiction of their culture through myths and proverbs. Achebe is able to place the history and myth of the clan in a larger perspective. The title of the novel comes from a line in W.B. Yeats poem “The Second Coming”.

Achebe’s *Things fall Apart* narrates how the coming of Christianity and European culture causes a particular African society to fall Apart and lose its central and shared values. Achebe sees traditional African society as being broken up by the forces of a civilization that is itself disintegrating. As far as *Things fall Apart* is concerned, that force, British-Christian Imperialism, the external element responsible for the breaking down of Umofian society is itself a part of something which is breaking down. There is thus a falling apart within a falling apart

Things Fall Apart tells the story of Okonkwo. It is set in the 1890’s during the coming of the white man to Nigeria. A major part of the story takes place in Umuofia, a cluster of nine villages on the lower Niger. Umuofia is an extremely powerful clan, highly skilled in warfare and with a dense population. Okonkwo is a respected leader in the Umuofia tribe of the Igbo people who

lives in fear of becoming like his father – a man known for his laziness and cowardice. Throughout his life, Okonkwo attempts to be his father’s polar opposite. From an early age, he builds his home and reputation as a precocious wrestler and hard-working farmer. Okonkwo’s hard work pays off and he becomes wealthy through his crops. He has taken three wives and his barn is full of yams, their staple crop. He rules his family with iron fist.

One day, a neighboring clan commits an offense against Umuofia by killing one of its daughters. To avoid war, the offending clan gives Umuofia one virgin and one young boy by the name of Ikemefuna. The girl is to become the offended party’s new wife. The boy, however, is to be sacrificed, but not immediately. He lives in Umuofia for three years, and during that time he lives under Okonkwo’s roof, he becomes a part of Okonkwo’s family. Okonkwo’s eldest son, Nwoye, in particular loves Ikemefuna like a brother. But eventually the Oracle calls for the boy’s death and a group of men take Ikemefuna away to kill him in the forest. Okonkwo, fearful of being perceived as soft-hearted and weak, participates in the boy’s death. He does so despite the advice of the clan elders. Nwoye is spiritually broken by the event. Okonkwo is shaken as well, but he continues with his drive to become a lord of his clan. He is constantly disappointed by Nwoye, but he loves his daughter Ezinma

from his second wife Ekwefi. Ekwefi had borne ten children, but only Ezinma has survived.

Later, during a funeral for one of the great men of the clan, Okonkwo's gun explodes, killing a boy. In accordance with Umuofia's law, Okonkwo and his family must be exiled for seven years. Okonkwo bears the exile bitterly. Central to his beliefs is faith that a man masters his own destiny. But the accident and exile are proof that at times man cannot control his own fate, and Okonkwo is forced to start over again without the strength and energy of his youth. He flees with his family to Mbanto, his mother's homeland. There they are received by his mother's family, who treat them generously. During Okonkwo's exile, the white man comes to both Umuofia and Mbanto.

The missionaries arrive first, preaching a religion that seems mad to the Igbo people. They win converts, but generally the converts are men of low rank or outcasts. However, with time, the new religion gains popularity. Nwoye too becomes a convert. When Okonkwo learns of Nwoye's conversion, he beats the boy which compels Nwoye to leave his home. Okonkwo returns to Umuofia but to his dismay he finds the clan sadly changed. The church has won some converts, some of whom are fanatical and disrespectful of clan custom. Worse still, the white man's government has come to

Umuofia. The clan is no longer free to judge its own; a District Commissioner judges cases in ignorance. He is backed by armed power making him unchallengeable.

During a religious gathering, a convert unmasks one of the clan spirits. The offense is grave, and in response the clan decides that the church will no longer be allowed in Umuofia. They tear the building down. Soon afterward, the District Commissioner asks the leaders of the clan, Okonkwo among them, to come see him for a peaceful meeting. The leaders arrive, and are quickly seized. In prison, they are humiliated and beaten, and they are held until the clan pays a heavy fine. After a release of the men, the clan calls a meeting to decide whether they will fight or try to live peacefully with the whites. Okonkwo wants war. During the meeting, court messengers come to order the men to break up their gathering.

The clan meetings are the heart of Umuofia's government; all decisions are reached democratically, and an interference with this institution means the end of the last vestiges of Umuofia's independence. Enraged, Okonkwo kills the court messenger. The other court messengers escape, and because the other people of his clan did not seize them, Okonkwo knows that his people will not choose war. His act of resistance will not be followed by others. Embittered and grieving for the destruction of his people's

independence, and fearing the humiliation of dying under white law, Okonkwo returns home and hangs himself.

When *Things Fall Apart* was first published, Achebe announced that one of his purposes was to present a complex dynamic society to a western audience who perceived African society as primitive, simple and backward. Achebe stated his goal was “to help my society regain belief in itself and put away the complexes of the years of denigration and self-abasement....I would be quite satisfied if my novels....did no more than teach my (African) readers that their past – with all its imperfections – was not one long night of savagery from which the first Europeans acting on God’s behalf delivered them’. Achebe is not presenting the Igbo culture as faultless and would not indulge in romantic portrayal of his people.

Their indigenous culture was never idyllic even before the arrival of the white Colonist. He portrays both negative and positive elements of the Igbo culture. Yet he tries to present their (African) side of the story to contradict the inaccurate portrayal of the African culture as “Mysterious and animalistic” and representations of Africa as “a dark place inhabited by people with impenetrable, primitive minds’. The Igbo tribe as primitive as the white men may have conceived them are not lawless savages. Their tales, myths and proverbs reveal that they

follow natural instincts of fairness and acts of violence and bloodshed are abhorred and when they do occur they come with punishment. Even crimes that are unintentional, like Okonwoko’s accidental killing of a sixteen year old boy do not go unpunished. Compensatory measures, a basic element of the present legal system to mitigate losses and reduce pain are also portrayed in the sacrifice of the virgin and Ikemefuna to the people of Umuofia as peace offerings.

Achebe, in telling the story of his people does not shy from depicting the injustices of Igbo society. No more or less than Victorian England of the same era, the Igbo are deeply patriarchal. They are superstitious and they also have a great fear of twins, who are abandoned immediately after birth to a death by exposure. Violence is not unknown to them, although they have no understanding of warfare on a European scale.

The novel has been viewed as an attempt to repair some of the damages done by earlier European depictions of Africans. Proverbs and myths bear testimony to Africa’s civilization and have a natural tendency to promote peace through conflict solution. Promotion of peace and justice forms the basis of the significance of the African myths and proverbs and they have a significant role to play in community peace building.

Harmony is cherished by the traditional African world and harmony to them implies living in conformity with the right principles in relation with the supernatural, the deities and spirits, ancestors and one's fellow being. Africa had her own form of civilization embodied in her proverbs and myths. It was the community not the individual that constructed the myths and proverbs. Hence they formed part of the African Culture and aided the community in living in harmony while maintaining justice.

Chinua Achebe himself explains that a story "does many things. It entertains, it informs, it instructs." A careful study of these stories reveals that they support and reinforce the basic tenets of the culture. The story – tellers "work out what is right and what is wrong, what is courageous and what is cowardly, and they translate this into stories"(qtd in Baker and Draper 22). We learn much about a culture by learning its stories. In oral African storytelling we find community participation-call and response forms which necessarily entail a caller or a soloist who raises the song, and the community chorus who respond or "agree underneath the song. African proverbs and stories draw upon the collective wisdom of oral peoples, express their "structures of meaning, feeling, thought, and expression" and thus serve important social and ethical purposes.

The Igbos have various myths that show that murder is abhorred. Life is sacred among the Igbo and murders considered a serious offence. Even when it occurs in inter-village wars, it does not come without expiatory sacrifices. One who takes a human life must make adequate compensation, even when it is not deliberate. It was for this reason that Okwonko was banished for seven years; his livestock and barns destroyed and his houses razed down, for accidentally killing the sixteen year old son of Ezeudu –" It was a crime to kill a clansman, and a man who committed it must flee from the land (*Things Fall* 87) His close friend Obierika joined in the execution of vengeance in order to cleanse the land because whether deliberate or accidental, shedding of innocent blood polluted the land. And if the clan did not exact punishment, the wrath of the earth goddess would be let loosed on all.

In consequence, people were effectively deterred from acts that could lead to the murder of their kinsman. And for the same reason in *Things fall Apart*, for the killing an Igbo girl at Mbaino, "a lad of fifteen called Ikemefuna and a young virgin" were sent to Umuofia as compensations and peace offering to avoid "war and blood-shed". Through such acts the traditional community peace building initiatives were initiated to prevent further loss of lives through imminent war with the neighbours. We are told that the

Umuofias, though fearsome never went to war unless its case was clear and was accepted by its oracles—the oracle of the hills and caves. Umuofia was guided in her wars by the medicine woman called agadi-nwagi or old woman who was said to as old as the clan itself and had one leg. In offering the young Virgin in place of the murdered Igbo girl, there is fulfilment of tribal justice.

A remarkable feature of the Igbo culture is the way dispute are settled. Crude as it might appear to the modern systems of adjudication, Achebe's Umuofia had a judicial system where litigations were bought, disputants present their case and testimonies of witnesses received and the nine Egwugwu evaluate the case before they pronounced judgement. The Egwugwu is the highest spirit and judicial authority. It was made up of the titled men of the village and their leader who played the role of the chief Judge was called Evil Forest.

They have legal, moral and religious authority. The masked spirits are believed to represent their ancestors. This supports the myth that the land of the living was not far removed from the domain of the ancestors. Achebe narrates one particular incident where uzowulu presented his case before the nine men, that though he owed nothing to his in-laws, they had gone to his house, beat him and taken his wife and children away. He had

implored his in-laws to return his wife as he had not sent her away and according to the law of the clan the wife must be returned to him. After allowing uzowulu to present his case, the other party, that is, his in-laws were given the opportunity to be heard. Eventually heir testimonies were corroborated by other witnesses. "We have heard both sides of the case", said Evil Forest (*Things Fall* 93) Hearing of both sides of the story is a crucial principle of natural justice. The nine Egwugwu retreated in consultation for a moment and came back with the verdict. The judgement showed an unmistakable denunciation of evil and cowardice.

The coming of the White people into Africa involves the coming of their government and their law—"But apart from the Church, the white men had also brought a government. They had built a court where the District Commissioner judged cases in ignorance" (*Things Fall*. They also brought with them the Common Law-"If there be a new and uninhabited country found out by English subjects, as the law is the birthright of every subject, so, wherever they go, they carry their laws with them, and therefore such new found country is to be governed by the laws of England."(*Calcutta monthly Journal*) It was in England's court of common pleas and other common law courts that the law developed and it became also the law of the colonies settled initially under the crown of

England or, later, of the United Kingdom, in North America and elsewhere. In English Law, Natural Justice is technical terminology that postulates the rule against bias and the right to a fair hearing.

As the story unfolds, Achebe seemed to contrast the traditional system of adjudication based on their ethical and cultural values of the Igbo with the white man's system of justice fraught with corruption. The White men came with their religion and their government, condemning all the customs and religious practices of the natives promising to create a better society but what they brought was corruption (Things fall 124;139) disrespect of the elders(138) and stoked conflict among brothers (131)The District Commissioner had Court messengers "who brought men for trial". The court messengers were greatly hated in Umuofia because they were foreigners who were arrogant and high-handed.

They were called *Kotma* and because of their ash-coloured shorts they were given the additional name of Ashy Buttocks. This was the kind of justice system that the white men brought to the so called "primitive" people. Ironically, the white people who claimed to have brought a better tried to disintegrate the community meeting of the Igbos which practiced democracy and principles of natural justice in its highest form possible. One of the court messengers who

are sent by the commissioner to break up the community meeting is slayed by Okowonko with his machete in his attempt, probably, to protect and conserve the sanctity of this community meeting. This led to Okowonko hanging himself because he knew his people of Umuofia would not go to war against the white people.

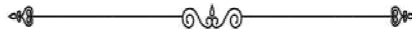
The novel ends with the commissioner intending to write a book entitled "The pacification of the primitive tribes of lower Niger", with a whole chapter dedicated to the story of Okowonko, of "the man who had killed a messenger and hanged himself"(Things Fall 209)Ironically, as pointed out by David , it is Achebe's text which survives, and the District Commissioner's which is lost :In resurrecting an oral culture and recording the destruction of a community, Punter remarks ,Things Fall Apart, more than any other works of African Fiction, marked the emergence of its own culture into western consciousness.

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Online Class

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As a generation which thrived and revelled in Top of the Pops, The Grind, Bangladesh TV programmes like The Little House on the Prairie, The Brady Bunch, Wonder Woman, Chitrahaar and so on and so forth, its no wonder that switching over to online classes through any medium seems quite daunting at first. Yes, I dare say when most of us, i.e. older teachers have just managed to scrape through power points, we are now expected to take a giant leap forward and usher into a whole new territory thanks to the prevailing pandemic.

For those of us who are on the threshold of a half-century or on the wrong side of fifty, technology is not something that we embrace with a smile. Rather we look at it with awe and perhaps disquietude. Technology is something that is met with a hint of disdain. There's that certain reverence for anything new like LMS Moodle or some such apps which require deft use of your

fingers. Why? We are afraid of pressing the wrong button or hitting on something that deletes everything in a wink. I wouldn't be wrong if I say that some teachers or professors utilise their computer as nothing short of a typewriter. Agreed there are many of us who are very well versed in technology. Indeed few teachers have long enjoyed their stint on Facebook perhaps right from its inception in 2004 and a few of us may have celebrated many years on FB. However FB literate doesn't necessarily translate to tech-savvy. The majority of us sadly is not tech-savvy. And we make no bones about it. Honestly speaking, many still prefer hard copy to soft copy. Paperless offices may be all the rage, we do agree it is eco-friendly and that its good for the future. But among the many older teachers, techies are few and far between. Which is why some professors who will soon be enjoying superannuation in a year or two are seriously(?) contemplating retiring sooner than their time. You can't really blame

them, I too have a little over a decade left and the thought did cross my mind a few times as well. But I take consolation in the fact that this too shall pass, this dreadful Covid 19 could possibly be halted in shorter time with advances in technology. Wishful thinking perhaps.

However, not all teachers are on needles and pins about taking online classes. In fact the younger lot evidently welcome and revel in the various features that technology offers today. Some are even rejoicing in their new-found liberty of conducting classes from the comfort of their homes. Though teachers like us who have happily and religiously served well over two decades are far from mastering this new art of taking online classes, the JOY we derived from it is immense. However ill-equipped we are in hosting a Google Meet, Zoom, Webex, having a Google classroom, we learn or gain something new. Here are some fun facts from our newly gained experience.

Not being able to see yourself on screen: This is not like your usual looking glass or mirror where you can see yourself instantly without any effort from your side. Here, in Google Meet, Zoom or Webex, you put your phone, laptop or your computer right in front of you. Yet, something bars you from seeing yourself on your screen. That is when you call for help of either your children (provided

they're home) or the students in your class. You would be glad to know they are most willing and ready to assist you in showing you in (in case you accidentally leave a meeting) or giving you direction from your phone or computer. The other day, while taking my class, I must have left the meeting without any intention but I knew I was no longer with my class as was evident from their chats in our what's app group. One of them hurriedly sent my link again on the same what's app group that I posted a few minutes ago. In my haste, I completely forgot that I could use that link. I somehow managed to weasel my way in the meeting again where my eager students welcomed me back very warmly, I might add.

Unable to leave the meeting you hosted: Notwithstanding the online training, tutorials, youtube help you have garnered in a short time, many things can still go wrong. When you reach a certain age, your eyesight fails you, your hearing decreases, common sense also deserts you and most importantly your memory becomes a sieve. So who remembers that you have to press the 'red phone' to take leave from a Google Meet? My good friend and senior colleague Miss Kimi faced such problem when the department had a meeting through Google Meet. The way we tried helping her leave the meeting has become somewhat of a joke. "Can you see the red phone button? No,

there's no such thing on my phone... There has to be ...No, I find nothing of that kind..." She had accessed the Meet through her phone and in the end, when all else failed, I advised her to put the phone upside down. This left us in splits! With the kind of memory that I have, I can't even remember how she eventually left the meeting!

these online classes have turned out to be a mellow activity and we are left with such hilarious stories to tell ! The perks of online class as I call them. .. And of course, we will survive !



CAN YOU SEE ME ? CAN YOU HEAR ME?

While you can see a number of people on your screen, you're not sure if you can be seen as well . Obviously as teachers , we need to know if we are within their sight. What's the point of lecturing when you are not even aware that you are being seen and heard ? Hence, the oft -repeated question: Can you see me ? Okay, if you can see me, where am I? Am I on your screen ? Such are the questions that are frequently asked by us. For the umpteenth time ..am I audible? Can you hear me properly? is one question that was mercilessly raised by us, teachers on our online class . Heard you must be !

It's a given with poor connectivity in a remote place like ours, online classes will suffer glitches and hiccups . Yet, it is not solely these things that mar our classes. Rather it is our incompetence in technology and the initial trepidation that comes with our inadequacy that affect the classes. But in a way, taking

In Memoriam: April 12,2020

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It was not like any other Sundays. It was Easter Sunday, the day the Lord has risen, the day which marks and celebrates the resurrection of Jesus Christ and His ascension to heaven. It was the day that God, the Father raised Jesus from the dead. Jesus' resurrection represents rebirth, salvation and renewal of faith. Yet, it was not like other Easter Sundays ... you hear no sound of trumpets at dawn proclaiming how Jesus had risen from the tomb. No sunrise service to mark this joyous occasion. Instead, an awful silence prevailed.

It was around 6.30 am in the morning that I went downstairs to check on my mom. I was supposed to stay the night before with her but decided against it as my youngest child had migraine attack. So, my only brother filled me in and slept beside my mother that Saturday night . For over two months, we had been taking turns sleeping with her at home and in the hospital.

By 7.30 am, we failed to assess any reading of her blood pressure . My sister-in-law and I tried twice but in vain. We both looked at each other, worry writ large on our faces. That's when I began to worry . Although very weak, her vital signs had been invariably good since we left the hospital on 10th March,2020.She knew her end was near. But she never shed a tear. We almost missed our old mom who would go all soft and cry at the drop of a hat. We almost misunderstood her resolve, her very bold attempt to be strong for us.And how she succeeded! We found it very unlike her to remain stoic and calm. It was all for us. This we came to understand it later.

By 10.30 am, everyone huddled beside her, she looked at me and my sister-in-law and nodded as if to tell us things weren't good. She didn't shed a tear nor looked worried. She remained calm but said no word. A doctor from nearby, a relative

was summoned. Upon examining her, she told us that mother's blood pressure had plummeted so low that it was almost impossible to hear it for laymen. A digital blood pressure monitor was then used. It was clear her bp was somewhere between 30 and 55. Then it dawned on me that it could be mom's last day.

By then the whole family had already assembled. We took turns in holding her hands, the hands that loved us for all those years. I cried but hid my tears from her. My sisters and my sister-in-law too cried but not near her. My one and only brother couldn't contain his tears too. Her grandchildren whom she loved so dearly found it hard not to sob. By noon, she was given oxygen to help her breathe. She tried taking the oxygen mask away from her nose twice but we somehow managed to stop her. You may realise that it was during the fag end of the first lockdown and that things were far from normal. My mind was reeling with different things that need to be taken care of if mom were to die. Being the eldest child has its own disadvantages at such times. Your mind has to function and fortunately by God's grace, I was clear on what I had to do.

By 8.15 pm, my mother's breath was marked with long intervals. Her face was calm, she looked pretty, for there was nothing that marred her face. Despite lockdown, many

relatives, friends and neighbours came. My mother was lying still and leaving this world with all her loved ones by her side. Her wish came true.. She was at home.. in her bed from where she could see the leaves dancing and hear the leaves rustling...She was at home, her haven, with all her loved ones.. for 32 days since we left the hospital.

On that balmy April night, the clock struck 8.50 in the night. My mother breathed her last.

And no, it was not like any other Sundays. It was an Easter Sunday, the day my mother went home to be with Jesus to a place where joy shall never end.





ARTICLE
(MIZO)



NOVEL CONRONAVIRUS PANDEMIC

Lalrinmawia
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Dept. of Zoology



A mah pawh chu kan hmu thei mang si lova, a rim l a kan hre hek lo, eng ang rawng nge a put a eng pianzia nge a put le. Kan hriat dan chuan Lal lukhum ang deuh hi a ni mai, amah a nunna nei hran lo, mahse nunna nei a luh erawh chuan tawrhhlelhawm tak a ni. Latin tawngin **Lal lukhum** tih na a ni mai te an ti a, Mifing hmasa Greek ho chuan *κορώνη* an ti a, pangpar thil kual sawina a ni e, an ti ve leh mai a. Cell chhungril laimu nucleus a a lut loh a avanga HIV anga taka rei tak Chambang tur a ni lo, a nih chuan a va ho si. Mahse maw, Terminal High Altitude Area Defense (THAAD), Patriot Advanced Capability-3 te leh Aegis BMD te invenna tha ber angaih, a battery installation ringawt pawh Sawrkar in nghimghona tham neitu USA te meuh pawhin Thermo nuclear ralthuam famkim nen in thuan mahse, hmui tuamna, kutsil leh pawn chhuah loh bak invenna a lo nei hauh lo. US President leh First Lady meuh pawh a kal kan bik lo Covid +ve tih hming an pu ve ta. Meng deuh suar suar chungin “My symptoms are mild and I’m feeling fine ti chuai ve ruih mai.

USS Theodore Roosevelt - Nimitz-class nuclear powered aircraft carrier ropui lutuk meuh pawh Corona virus lakah a him zo ta lo, a hmang tangkaitu Navy ten hna an thawh theih si loh chuan eng ang a ralthuam famkim a thuan pawh ni se, ram venhim nan awmzia a nei lo. Online Study material tha ber ber MS Surface 3, macbook leh JBL nen in hung khup mah se, a zir tur ber in a kal san si chuan engmah lo mai a lo ni.

He Covid-19 hi a pumrua lian lem lo khawp mai, inches khat hi hmun 25400000 ah phel sin ta ila, mal khat la hrang ta ila, a te ve thlawt - chu chu nanometer khat tihna a ni. Corona virus hi lai teh kual in nanometer 120nm - 150nm vel a te a nih chu.. Pa pakhat interview pawh.. saptawngin an bia a nui vur vur a, vaitawngin an be leh a a tum hmuk a, an buka a a rit em em ringawt... Covid hrik erawh han buk ila a zang phian si a, tuikum chakai ang deuh tha a harhvang ni thung.

Chu thil te em em chuan khawvel a va sawisa nasa thei si em. In chhung a tawm

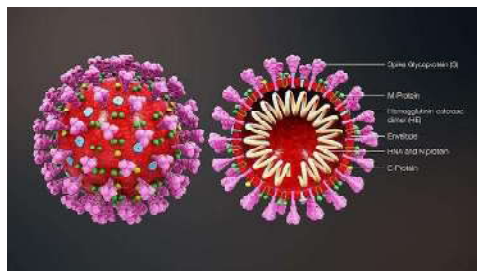
tur tein min um bo duak a, Company engzat nge tlachhia anga, engtiang chiah in nge a la nghawng chhunzawm dawn tih chu mi thiamte lu tihai tu ni mek. Mit chakna, nawmchenna leh sum leh pai ringawt um a hun hmang zo khawvel chu, a chawl ta thuap ni ta ber mai a, Global financial recession a thleng mai hlauthawmna a na sa ta hle. a hnathawh hi amak a sin heti khawp a pawisa duh hian pawisa te kan khawih ngam mang lova, Harhna kan dil a, harh lutuk rih lo ni se kan ti lawi a, Inkhawm chak em em a insawi, inkhawm peih tak tak si lo te.. sawi belh ve ru..

Fig. A: India in Covid 19 thalak (Electron Microscope image, ICMR-NIV, Pune) a neih hmasak ber a ni.

He hnam hlim thei tak, hlahu ngah em em, chik taka thil ngaihtuah zui rei peih lo tak hian fiamthu thar lam kan va chherchhuak nasa dawn em! Kan ram economic dinhmun thlir erawh chuan a nghawng a rei deuh dawn si a, in dawn kun mai lovin thalai te ei leh bar zawn kawngah kan harh a ngai dawn. Kan mitthi sawngbawl dan te kan inkhawm kalphung te pawh siam rem nan hman a tul hle mai. Covid 19 ai a tawrhlelhawm zawk te pawh la thleng thut thut thei kan ni ta, BSc Zirlai ve meuh engmah ti lova nileng a han awm ngawt mai chu a dik thei lo crime a tling in ka hria. Miss Tluangkimi pawhin dika ti.



Fig A : Novel Corona virus



Novel Corona virus structure



Abbot ID Now (Test 5 minutes)

Vantlang aurinna hmangin “..... a lehkha dengte kha haw rawh u” tih te kha a pawimawh hle mai, ramri veng turin ramhnuaiha kan han liam sung sung mai te kha. Khawvel sorkar lian leh ropui te an tlawm duai duai laiin Kan him theihna tura dai kan theu dan te kha a ropuiin kan chet dan zawng zawng kha ralmuan deuh hnu hian han thlir kir ta ila, kan mawl vangah ka puh phal lo, kan thiam ang angin kan theihna zawnah kan ram himna tura kan beihna khan rah tha a chhuah tlat. Mal min sawmtu kan Pathian tan pawh malsawm tlakin kan thawkrim tlat a ni. He article kan buatsaih lai hian zing 4:46 (Ni 7.10.2020)a ni mek a, Covid 19 avangin kan ramah nunna chan kan la awm lo. A lawmawm hle mai.



Protein spike lai tak sahbon mai mai in a tichhe thei tlat te hi lawmthusawina tham ania sin.

Ralvengtu zan hi engti nge ni tawh?" tiin. Ralvengtu chuan, “Zing a lo ni dawn ta e.. Zing khawvar dawn hi inthlahdah hun kan tih thin kha. Fimkhur tak zelin aw. Kan hringnun thawnthu ahlmawm zawnga kan chhiar lai mek lai hian Covid avang a nunna chan 1,050,697 an tling ta tih hre tel bawk ang u.



Leimin chungchang a hriattur pawimawh te

Dr. C. Lalmuankimi
Dept. of Geology



Hun rei vaklo atang khan Mizoram kil tin a tangin Leimin thu leh Leimin a vang a nunna chan leh chhiatna hrang hrang kum tin hriat tur a awm ta ziah mai ti ila kan sawi sual awm lo e. Thla hmasa mai pawh khan BSUP Durtlang a in chimte, hmun hrang hrang heng Lunglei, Saiha, Champhaiah te lei a min thu leh kan in kal pawhna kawng leiminin a tihchhiat thu te kan la hre theuh awm e. Leimin hian chhiatna leh harsatna kawng tam tak min siam sak a. Mizoram hi ruahtui tamna leh ram chhengchhia a nih avangin lei a min duh bik hle a ni. Mihring kan lo pung a kan chenna te kan zauh zel a ngai baw a chutiang avang chuan inkal pawhna kawng thate kan mamawh a.

Heng avangte hian khawpui zauh a ngai a, hetih rual hian leilung a chhiatna leimin pawh a nasat phah a ni. Zirbingna (research) a tang a hriattheih chinah chuan Mizoram leimin chhan tlangpui chu ram leilung

chinchang kan hriat tawklloh leh enkawl dan dik loh vang a ni. Hengte avang hian leilung kan enkawl leh hman danah kan fimkhur a ngai hle a ni. Mitinin kan tih theih leilung vendan awlsam leh pawimawh thenkhatte lo tarlang ila:-

1. Bawhlhlahw paih danah kan fimkhur tur a ni: Bawhlhlahw duhdah leh fimkhur lo tak a kan paihte hi khawimaw laiah a inchhek khawl a, chungte chuan tuiluan kawrte a hnawh ping a, tuiluanna mumallo a siam a leimin a thlen thei a ni. Chumai bakah bawhlhlahw tlingkhawmte kha fur laiin leimin ang maiin a tawlh thei a ni.

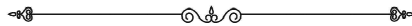
2. Tui luan kawr leh Tuidawn mumal tak a siam tur a ni: Tuiluan kawr mumallo leh kan thli te hian kan in leh a vel hmun himlovah a siam thei a ni. Heng tui luanna mumal neilote hi leichhung ril lam ah an lut a, leichhung ril a lungpher chungah te an zuk intai darh a, lung inchar khawmtute (mineral) a zuk chiah zawp

a, an in zawmnate a ti chat a, leimin a siam thei a ni.

3. Lei laih mai mai tur a nilo: Mizoram a leimin chhan tam ber hi leilung chanchin kan hriat tawkloh avang a thleng a ni. Mihring kan lo pung a in leh lo mamawhnate a sang chho zel a, hmun remlo leh in sakna awm a ngaihlohna hmunah te in leh lo kan din ta nual mai. Fimkhur leh uluk tak a heng hmunte hi zirchian a pawimawh hle mai. Abikin In sak tumna hmun ram leilung hrechianglo a laih chawt mai kan chingte hian leimin a thlen ta fo mai entirnan: mual chung lam atang a laih hmasak tur a mawnglam a tang a laih te, mual chunglam leh lung hawi zawng te, leilung in

kungkaih dante hriatchian a pawimawh hle a ni. Hmun thenkhatte hi a awih leh rualremloh avang ngawtin leimin a hlauhawm biklo a, a bul hnai lei chhungrilah kak a awmlah chuan a min a hlauhawm kherlo a ni. Lungte hi awmzia nei tak a in rem khawm an ni a, an inghahna lai bik hal emaw tan chum emaw chuan leiminah pawh rapthlak ber lungtawlh (rock fall) a thlen thei a ni.

Khing kan sawiho tlem a zawngte kan zawm theih chuan leimin lakah hei ai hian kan him thei ngei ang. Leilung hi Khuanu in awmzia nei tak a mihringte chenna tur a duan a nih avangin keini pawhin a enkawl leh hman danah mawhphurhna lian tak kan nei a ni.



Ka Thinlung (*It still feels like yesterday*)

C. Lalthanpuii
II Sem, Home Science

Ni a liam zel a, kum a vei ta! Mahse, engvangin nge hma ka sawn ve theih loh? Nilo, kei ni lovin, he tleirawl thinlung hian alawm hma sawn thei lo!

~Flashback

December, 2018. Zankhat chu, a hma daih atanga alo mit sir ruk tawh leh alo ralkhatstar ve tawh khan a rawn be hlawl mai le! Mak a ti a, a lawm bawk. Kha tleirawl thinlung thianghlim zet kha hlimna tinrengin a tuam ani ber mai. He khawvela a duh ruk ve deuhin a rawn ngaihven ta mai chu a lawm tur zia chu in hriatthiam loh ka ring lo. Mi pangai a nih angin tha takin alo chhang let ve a, chumi zan chuan a mutui kher asin! Nidang a inher chhuak a, an inbe ta zela, an mizia lah chu a inmil reuh phian a, an hlim dun tih bak chuan sawifiah vak dan a awm lo. An inkarah induhna a piang a, in haw lo ta ve ve chu inngaizawng in, an in duh tawn hle. Mahse, Khuanu hian rem a ti lo nge, an hlim dun thei

ta reng bik lova. Chu hmeichhe tleirawl chuan harsa ti tak chungin thenna thu a hrih a ngai ta ani.

~End of flashback

He ka thinlung, duat taka enkawla, keh thei dawma i dawm thin thinlung hi en teh. Ana tih i hmu thei em? I pangtilum te, i nui ri te, i kut lum nuam tak te, i aw ri te kha he ka thinlungah hian ala cham renga, nimin maia thil thleng ang maiin a ri nawn tluk tluk asin! He thinlung hian engtikah khan nge Hmangaihna lipui ah a tluk luh a hrelo, hetiang khawp hian a harsa dawn a ni tih hria chu ni ila ka kalsan lo tur che. I tellovin kal ka zir a, nuih ka zir a, harsa mah se ka thei ang tiin keimah leh keimah ka infuih thin. Ka kalsan hma che kha chuan he ka thinlung hian thlamuanna a nei thin a, tunah chuan a khawhar a, a rûm thin asin. A harsa, i hria em a harsa lutuk!

Tun thleng hian ka thinglungin hma a sawn thei lo ka tihchhan i hria em? Min zahna te, min hlutzia te, min chhuang ani tih ka hriat theihna te kha midang lakah ka thinlung hian a hmu velo a tin ni! Ka tum a, mahse ka hlawhchham leh a, midang nen ka tehkhin lo thei lo che a, i danglam bik zia ka hmu thin. Ho tē ah pawh min zahna i lantirna te kha ka thinlung hian alo hre em em zel a ni.

Hringnun hian eng nge min zirtir a duh tiin ka ngaihtuah a, ‘Engvangin nge kan intawn hun a fuh loh em em?’ tiin Pathian ka dem fo! Ka thinlung hian a tellovin harsa ti tak chungin beiseina nen hma lam a pan ve zela, a tellova nuih ka zir a, ka hlawhchham a, ka tlu a, ka tlu nawn leh thin. Mi zingah hlimin nui ve bawk bawk thin mak ila, chhungril khawharna chuan min uap ru renga, ‘tang fan fan rawh’ tiin ka thinlung dawm chungin ka zu hrilh thin! He thinlung hian hlim a phu i ti ve lovem ni? Thildang zawng zawng kalsan a, a hmangaih hnena awm a inhuam asin!

Kum liam tawh mah se zankhat pawh mittui lo nen hun a hmang ngai lo. A mittui far zo zai te hian hlim a phu a ni tih an hriattir a, hmangaih leh duat taka lo pawm thin tu tang lum kha a thisen zunzam zawng zawng te hian an zawng reng thin asin. Min ngaihsak ang te, min duat ang te a midang i ngaihven tur hi ka thinlung hian a phal thlawt lo a ni.

Tunah chuan lungawi taka i thlir thin hmel kha, mittui luang in a ti hnawm renga. I kut lum taka i vawn thin kut kha, khawvawt in a hmet chau tawh asin. A nui hmel mawi ti taka i thlir thin kha, pawnlam lan danah chauh a nui tawh a. I chhuan em em thin kha tleirawl khan tu mipa mah a duh thei tawh lova. I thinlung nena inzawm tlat thin thinlung khan tunah chuan hahtamna a hmu ta lo. I hmangaihna beisei ngawih ngawih tu thinlung hi rawn luah lum leh la, keh thei dawma i dawm thin kha alo puitlin tawh zia hi rawn en ta che. He ka thinlung hmangaih ngai em em hian a chawlh hahtamna kha a la beisei ru reng asin.

Beisei bo ka beisei a, kumkhua atan ka mangtha tawh ni mah la, zantin i hlimthla ka mangtha nawn fo. Kan hlimthla ka thlir let in a rualin hlimna leh khawharna in min rawn tuam nghal thin a, ka thinlung, he ka thinlung khawhar hian nitinin hma a sawn ve zel a ni tih lo hre rawh aw.

It hurts, even now

(‘Leo Sayer - When I Need You’ lo ngaihlhla vek ru aw.)



CRAZY RICH ASIANS

Prof. B. Zoliana
Principal, GZRSC



“Crazy Rich Asians are staying up there while this Crazy Asian is here with you” tia kan Duck Tour guide in fiamthu a thawh chu kan nuih pui dar dar a. Kan chhak lawka building to lurh mai Marina Bay Sands Hotel chu kawp pah chuan Hollywood filmstar lar tak tak te pawhin chu hotel chu Singapore a an thlenna ber a nih thu a sawi a. Crazy Rich Asian film en tawh chuan kan hria anga, kha film an shoot-na building kha a hmunah kan hmu ve ta ngei a, chu aia mah chuan khawvela khawpui fai ber pawla sawi Singapore mit ngei a ka han hmu ve thei hi ka lawm hle mai. Kan chuanna Duck Tour vehicle chu Vietnam do laia USA in tuipui leh khawmuala kal ve ve thei tura an hman thin kha a ni a, chu lawng leh motor ni kawp hman chuan Singapore khaw khawlaiah leh tuipui chuan min hruai kual a. Mit la tak tak, hmuh tur a tam hle mai.

7th Pay Implimentation zar zovin College Zirtirtute chuan Arrear lak tur kan lo nei ta a. He pawisa tling khawm hi a tangkai thei ang bera hman ka duh hle a. In hmun leh huan ram lei ila investment tha ber a ni lawng

maw tiin ka han ngaihtuah hmasa phawt a, mahse a lei theih tur hmun a zim dawn si a. Ka rilru chuan ka fate education atana a hlawk theih dan ber ngaihtuah chu tha ka ti a, chhungkuaa kan han sawi ho chuan ‘Educational Tour’ neih kan phur ta hle a. Chutih lai chuan kan faten Crazy Rich Asian film hmuhnawm an tih lai a lo ni bawk a, khawchhak lam chuan rilru a la hle mai a. Seoul nge Singapore ni ang tia rilru kan buk lai chuan Mizo hmeichhe zinga kan chhuan vawr Dr. Lalchhandami Tochwang, Damtei tia kan koh, National University of Singapore (NUS) a Science subject a Ph.D. lo zir chhuak tawh chuan Singapore kal dan awlsam min lo hrih hlauh mai a. Damtei hi NUS a Ph.D. a zir lai khan kan College naupangte hnenah pawh Inspirational/Motivational Talk min lo neih sak tawh kha a ni a. Tunah hian Science & Technology Department, Govt. of Mizoram hnuaiiah Scientific Officer niin Mizoram hmeichhia te zingah pawh duai lo tak a ni a. Research lamah pawh tunah hian contribution tha tak a nei chho zel a ni. Amah avang hian Singapore zin chu kan tum nghet ta a.

INBUATSAIHNA:

Tawngtainaa hlan chungin 2019 kum tawpa kal tumin kum lai hawl atangin Singapore kalna tur thil tul angte chu kan han buaipui ve ta a, Singapore a kan tlawh tur te internet atangin kan han thlir a, Damtei hnen atangin thlenna tur hmun tha leh tha lo lai deuh te kan hre zel bawk a. Thlawhna ticket pawh a tlawm lai chuhin kan la nghal bawk. Visa lam dilna pawh Kolkata lamah kan thawn thla nghal a, Visa siam tur chungchangah kan passport chuan thla 6 chhung validity a neih a lo ngai a. Kan chhungkaw zingah 2 chuan kan passport chu siam that a lo ngai a. Agent ten an rawn thawn let chhung leh Passport siam that leh chhungte nen chuan hun a kal chak hle mai. Aizawl hmun ngeia Passport Office kan lo nei ta hi hetiang hunah hian a lawmawm ka ti. Ka passport siam hmasak ber tuma Guwahati a kan zuk kal vang vang kha chu a hahthlak hle a ni. Singapore Visa hi zin tan hun atanga ni 30 atang chauhin a lo dil theih a. Kan agent ten kan zin chhuah hma karin kan e-visa chu min rawn pe thei ta a, thaw a veng huai mai. Kal kawngah Bangkok kan paltlang dawn avangin Bangkok hi haw lama cham hlek kan duh a, Thailand tan erawh Visa-on-arrival a nih avangin kan buai lutuk ta lo.

HARSATNAIN MIN TLAKBUAK:

Kolkata atanga Singapore pan tura kan thlawh chhuah tan tur ni hi Dec 14.2020 zing dar 1 vel a ni a. Lengpui atanga Kolkata panna turin Dec ni 12 atan thlawhna ticket kan la a. Dec ni 4 zanah kan ticket leh Visa chhinchhiah fela dawhkana ka sam lai chuan ka bengdinglam chu a ri ta mup mup a, hritlang

beng ngawng mai emaw tiin ka han ham veng dawn a, a theih ta reng reng loh mai a. A tuk a ENT specialist kan han entir chuan ka beng dinglam chuan a ri hriat theihna 80% a lo hloh reng chu niin; a chhan kan han zawh lah chuan min chhang thei mai lova, beng dar a tha bawk si, nerve chak loh vangah puh a ni ta ber. Phaia kal vat turin min rawn a, mahse zin programme lo awm bawk nen, rilru a buai duh mam mam hle. Kan Programme te Doctor hnena kan han hrilh chuan damdawi ei tur te min chawh a, zin tur chuan kan insiam chho ta a, beng lehlam chhet chung a zin chu a huphurhawm ru hle a, mahse chhungte rilru a tihnual ang tih a hlauhawm bawk si a, a ruk a tuar tang tang a ngai a. Chhet satliah mai ni lovin a ri hum hum reng mai a, ngaw hnuai a kal a, thereng leh rengchal vel lo hram nuai nuaina hmuna awm hi ka inchan a, luite luang ri ang deuh hian lo thumrawn tu a awm bawk si a.

India ramah Citizenship Amendment Bill (CAB) duh lo va hmun hrang hrang a nawrh huai hawt lai a ni a. Kolkata lamah pawh kawng zawh leh motor ke hal a awm a, zin chhunga kan mamawh tur thenkhat City Centre 2, New Town –a kan la khawm kan haw lam, Mizoram House, New Town kan pan pawh kawng an lo zawh avangin kan thang rei hle a. Zing dar 1 vela thlawkchhuak tur kha kawng lakah harsatna a awm palh hlauin a hma ni tlailam dar 5 ah airport kan pan a. Immigration counter lamah tih fel tur a lo awm nual bawk nen, airport pan hma pawh a ziaawm. Amaherawhchu, International Counter lamah Middle East lama hna zawng tur, a hlawm a kal ho an bengchheng thei hle mai. Zanlai, mut chhuah tawh lamah chuan min ti harh lehling phian a.

KHAWVELA AIRPORT THA BER:

Changi Airport, khawvela airport tha ber nihna pawh kum 6 chhung a zawn a lo hauh tawh, Singapore khawpuiin an chhuan tawlawl a han tum duai duai mai chu a nuam e. Singaporian te nen hmelah danglamna awm si lo, Indian passport kenga official ho hmaa han din thin chu min ringhlel tep zawk thin a. Midang ai chuan thu min zawt tam deuh. Airport commode te lah chu a lum tawk chauh va siam a ni a, han hmet kheuh ila automatic-in mawng fai taka rawn phuh tura duan a ni. High School kan kal laiin kan headmaster Pu Hmuaka'n (RIP) Singapore leh Japan commode hman nawmzia a sawi ka la hre reng mai. A takin kan han hmu ta ngei a, chutih laia ka rilrua awm chu High School kan kal laia Sir in lehkha zir tha tura min lo chawh thawh thiam zia leh khawvel hmun hrang hrangte min lo thlir pui thinzia kha kan lo vanneihzia ka hre thar leh ta. Thawnthu mai ni lo, a tak ramah ka lo awm ve ta reng mai! Christmas dawn a ni a, airport an chei mawi hle mai. Kristian ni vek lo mahse, Christmas spirit pawh an siam thiam hle. Khua vawt lem lo mahse Frozen film characters te christmas tree bula an han dah chu kan fate pawhin nuam an tih phah hle a ni.

Airport atangin kan thlenna tur Hotel awmna veng 'Little India' chu Mono Rail Track (MRT) in kan kal a. Leihnuai rel kawng an nei tha hle mai. Kan thlenna hotel bul lawkah kan chhuak lehngal a. MRT hi Singapore kan cham chhunga kan vah kualna ber a ni ta nghe nghe a. A tlawm a, a chak baw a, India ram local train anga inhnaawh ve tun a ni lem lo va. Mi an polite baw a, a nuam kan ti hle.

HEI LE, SINGAPORE:

Damtei zarah Mizo thian tha tak tak ten min lo ngaihsak nghal var a. Dec ni 15, 2019 (Pathianni) chawhnu lama thleng kan ni a. Kan thian tharte Pi Mary Machhuani (Pastor) leh Nl. Sangpuii (Japan Airlines Hostess) ten tlai lamah Gardens By the Bay lamah min hruai a. Cloud Forest hmuna kan han kal chu kan thawhpui Botanist te kal ve nan ka it hle mai. Khawvel hmun hrang hrang a thing leh hnim chi hrang hrang 1,500,000 zet, an climate mil zela control a, an chinna hmun pui a ni a. Chung khuh (Dome) tha tak a nei a, a zau hem hem hle. Helai hmun hi Research tih nanah pawh an lo hmang tangkai hle tawh awm e. Christmas Decoration nen an cheimawi baw a, a hmun vel fan pawh a nuam hle mai. Artificial waterfalls, sang tak mai te chu thlalakna hmun nuam tak a ni.

Min hruaitu fel tak takten zanriah min treat nghal a. Satay by the Bay hmunah Seafood (tuifinriat sangha) chi hrang duh taw mai kan han ei chu dam man a awm vawng vawng. Sting ray sa te pawh a lo tui hle mai. Milar thenkhat te lo a zuk avanga thih phahte awm mahse a sa chu tui tak a ni. Helai hmun hi film shoot-na hmun thin a ni baw a, a nuam dangdai ve hle. Haw lamah ke in MRT Bay station kan pan a, khua a thim tawh hle a, hmuhnawm a tam dawn chauh a ni mai a. Li teng sawl chungga Balloon lian eng chi hrang hrang a cheimawi a han eng zut zut chu a mawi danglam ve hle a, Leilawn dawh, thlalakna hmun tura siamah chuan thla kan la mawlh mawlh mai. Supertree Grove, light a cheimawi, Garden Rhapsody music mila a han eng chuai chuai mai han thlir

chu Singapore kal man a awm hlih hlih asin. Marina Bay Sands Hotel pawh kan hma lawkah a to lurh mai a. Keini Crazy (Poor) Asians ho tan chuan ralkhata thlir leh thlalak pui kha a tawk viau a ni. Thiante zarah nikhatna pawh kan hmang nuam hle.

‘Sentosa Island leh Universal Studio tlawh lova Singapore kal chu awmzia a nei lo’ an lo ti thin a. Singapore a hmun hmuh chakawm (main attraction) zingah pawh chhungkuaa han kal ho dam dam chu a nuam hle mai. Sea Aquarium kan fan lai chuan tuifinriat tui hnuaiyah darthlalang hmanga siam tunnel ah kalin kan chung lawk lawk a shark, sting ray leh sangha mak pui pui rawn phei duai duai mai chu a hmuhnuam hle. Tui sakawr te, kan rama kan hmuh ngai loh, kut a khawih theih mai ni awm, an lo hleuh phei at at mai chu hlimawm tak a ni.

Film siamtu lian leh ropui Universal Studio theme park an siamah hian ennawm en tur, film thenkhat 5-Dimension chi te, rides chi hrang hrang 28 laite a awm bawk a. Ni khat ringawt chuan min daih lo a ni e. Disney-Far Far Away film clip 5-D a kan han en te chu a nuam dangdai hle mai. Khang film Character anga inthum te thla han lakpui pawh kha nuam ve deuh a ni. Vanneihthlak takin kan tlawh ni hian Open air Advance Christmas Special Programme (Opera) an lo nei a. Santa Claus leh Elf rual ho te chetla big screen ah ni lo han hmuh chu experience danglam tak a ni.

National University of Singapore:

Khawvela University tha ber pawla an lo sawi thin hmu ve thei a ka han awm hi

vannei ka inti hle a. Damtei Ph.D. lo zirna hmunah an Professor te hmu theiin ka han awm chu a lawmawm hle. Kan College nena Collaboration work neih dan te kan sawi ho va. An standard leh helama kan standard inthlau lutuk erawh chuan thawh ho dan turah harsatna tam tak a nei a. Thawh ho thei ila chu kan College tanah pawh inchhuanna tham a ni ngei ang. An campus-a chhungkuaa kan han kal chu kan faten he University a luh hi an han chak khawp a. Internet atangin a luh theih dan an browse nasa hle. Khawvel hian a lo ngaisang a ni tih ka hriat belh na chu, an Professor ka han tlawh khan ngaihhruih nan University hming chuang bag pakhat min present a. A hnuah New Delhi Apollo Hospitala ka beng en tira kan kalin ni khat chu kan nuin chu bag chu a ak a. Doctor ten an lo notice nasa mai a. ‘NUS atanga zir chhuak em ni in nih?’ min ti a, doctor pakhat chuan NUS a fapa in zir a chak zia thu a sawi chhuak nghe nghe a.

Singaporians ah hian Indian pawh an lo tam hle a. South Indian hmel a tam hle. MRT station leh rel chhungah te pawh Mandarin (Chinese), English, Malay leh Tamil tawngin thu an puang a. National Language zinga Tamil an han telh hi Indians ten Singapore history a chanvo pawimawh tak an lo chelh zia a ti lang a ni. Singapore ti Singapore tu Merlion (Sakeibaknei sangha) lim bulah thla lak ngei ngei tur a ni a. Merlion hi Singapore lo indin tanna atana thawnthu ngaihnuam tak nei a ni.

Nuam kan ti:

Khawfai, mihring pawh fai, hawihhawm bawk si awmna hmuna kal chu

a khamawm loh hle mai. Thlalakna nena kan han intin ran ran hi chuan a scene a lo lan ve hi an tum lo reng reng. Thla kan lak chhung zawng chu min lo nghak thap zel a. A inthlahrunawm zawk mah thin. Taxi driver kan tawn chhun ve lah chu a hawihhawm hle mai a. Airport atanga kan thlenna hotel kan pan in MRT station atanga kan chhuak chho chu taxi lak mai kan tum a. Taxi Driver chuan kan thlenna hotel awmna a han hriat chuan hnai te mai a nih thu leh taxi lak a ngaihloh thu a sawi a. Khawi ram emaw ang deuha inphurh kual hrep a, chuan tanna bul lawka inchook tir kha ang kha chu a ni lo hle. Tin, Highway leh highway lo ah pawh pedestrian crossing a awm chuan chuta mihring kal mekte chu an ngai pawimawh hle mai. Ke a kal te an dah pawimawh hle a, motor horn ri hriat a khat hle. Rel chhungah emaw motor chhungah emaw thil ei tuam tuam an awm ngai lo. MRT ah pheh chuan thil ei chu chawi theih a ni tawp mai. Tin, restaurant thenkhatah chuan pawn lam atanga ei tur ken luh an phal lo bur mai a. I ken luh a, I ei luh chuan an serve lo che a ni mai. 'Chewing gum thial hnu pawh paih chuan pawisa tam tak fine' an tih te pawh kan lo hre lawk ve a, thil thial lam kan lo uar lo hlauh a, a zia tak a awm e. 'A hmun leh hun takah engkim ti rawh' tih hi an thupui a niang kan ti tawp mai.

Upa te an ngai pawimawh hle tih a hriat a. Park leh hmun nuam deuhah te pitar/putar wheelchair a nawr chungah an hruai ve te hmuh a nuam hle.

Thil a to:

Khawvela chenna hmun to ber pawl a sawi hmuna kal chu a insenso thlak hle a. Zin rei lote chhung chu kan manage ve thei

tawk tawk ang chu ti ho tan chuan a tir a kan thlenna tur hotel kan book atangin Hotel man kan han chhut a, India pawisaa kan han chantir leh thin chu a lo sang duh alh alh hle. Tin, ei leh in pawh a to hle mai. Coffee no khat te pawh kan pawisa chuan Rs. 200/300 a tling nghal awlh mai a. Chuvangin Hotel ah pawh Breakfast free (complementary) ah lo chuan thlen chi pawh a ni lo. Khawlai vah vel na atan pawh MRT a tlawm ber a, a nuam hle bawk. Leihnuai rel kawng a nih avang erawh chuan van boruak hmuh a khat hle. Pawk tum te pawh a awm ve a, an Restaurant hmunpui Sensota Island panna hmuna kan kal tuma khawchhak sa siam dan chi hrang hranga sawngbawl kan han ei zet chu a nuam ve hle. Hmun fang tur kan nih avangin thil lei vak kan tum lem lo bawk a, amaherawhchu, thiante hawn tur thil leh Singapore hriatrengha tarmawi souvenir chi erawh kan lei uar hle.

A kutphah ropui chhungah:

Tun tum kan zin chu fate tan, nakin zelah an tangkaipui takin tia zin kan ni bawk a, a nuam dangdai hle mai. Chhungkua kan inkawmngiehin kan zin ho thlalak leh video clip han thlir let leh changte hian hetiang ti theia Nu leh Pa min han hruaita hi Pathian hnenah lawmthu kan sawi a. Kan zin kawngah harsatna tawk lova hlim taka kan kal thei te kha Pathian hruaina a va ni tehlu em! A hun chungchangah pawh hre lawk hauh lovin zin Programme te tawngtaina nen kan han set a, Covid-19 hripui len hmaa kan han zin thei te kha Pathian kut phah ropui chhunga Programme dah a lo himzia min hriatchhuah tir a ni.





LOVE
LETTER



Love Letter*K. Laldinsanga**I Sem, Physical Science**Green House**(2nd position in love letter writing held during the college week)**Hmangaih leh Duhtak,*

Chung khuanu ruat reng em lo ni I mawi chuang e lengzawng zingah hian nang ka tawn che vang hian ka lawm e. Ti hian ka dawn thin a, he khawvel ah hian hmangaihba hian awnzia a nei lo emaw ka tui thin a sin! Kei mi tawm kailo leh mi hman tlakloh tak I hmangaihna a vang a hringnun lamtluang dikna nen a ka lo zawh hi a mak ani.

Ka tawn tirh che khan ka thinlung lairil berah hian hrilhfiah thiamloh sawifiah thiam rualloh in ka rilru hian a vei hian a vei bur che , an sawi hmangihna ngei chu ring in chu ka thinlung sak leh sak tak leh chhah tak chu tui ang mai in I rawn luan tir a, chuta tang chuan he hmangaihna an sawi thin chu ni ring in tlawm tak chung leh zak tak chung in ka nihna ang ang in ka rawn lanchhuah tir ta mai a ni.

Ni e, hringnun ah hiuan beisei loh leh rin loh deuh mai thil kan tawng chawk a, kei pawh ka hmangaihna tlawm tak leh tlinglo tak min pawm sak ni khan lawm avangin biangah mittui dan zawh rual loh in a rawn luang a sin, ka tan a I thatna leh I ngilneihna hian ka thinlung ah nasa tak in thu a rawn sawi a, he hringnun hi awmzia ka lo hriat phah ta ani.

A chang chuan eng vang a kei kher hian tawng che ka nih tih ka ngaihtuah thin a, mahse ka tan hian khuanu hian a ruatsa ni ngei a hriatna min neihtir thin ani.

Mahse thil dang ala awm ka dinhmun diktak leh nihna dik tak I hriat chhuah hun ah chuan I rilru I thlak hian ka ring tlat thin a sin; kei chu mi rethei dai kil kar a lo piang ve mai mai ka ni a, nang erawh mi tha fa I ni si a, engtik ni ah emaw chuan kei ai a tha ila tawng a nga, chumi hun ah chuan mi theihnghilh hian ka ring tlat thin a ni. Chumi hunah chuan I hmangaihna ngai reng khan min hmangaih la, ka ka hian nitin hian I hmangaihna hlutna zia ka sawi nawn fo thin ang.

He kan in hmangaihna hi hmangaihna dik a nih ngai chuan chutiang harsatna chu engpawh lo thleng se su tlang ngam tur in min tiam ang che. Ka hmangaihna tlawm tak leh ka thinlung zawng zawng in a a hriat reng hmangaihna ka neih zawng zawng nen ka hmangaih tawh che a. He Khawvel a ka thawk ve tek tek chhung chu ka hmangaihna hian a kalsan ngailo ang che.

A tawp ber atan kan in hmangaihna hi khuanun malsawm se, run hmun a kan len dun hma loh chuan rinawmna nen ka hmangaih reng ang che

I hmangaih em em

Hmachhuana



Love Letter

Lalnunsanga
VI Sem, Mathematics

To,
 My love,

I sakhmel ka tawn ni khan ka thinlungah hian ai ang i cham reng a, i sakhmel tawn leh ni nghakin kei ariang lungmawl hian tlaikhua ka hmang ral leh hin. Zantiang laikhum ka zal changte hian nang chauh lo chu ka thinlungah luahtu dang reng an awm si lo. Nang zawng tawnmang lasi ianga mawi leh duhawm, zan lalnu ang mai i ni a. Ami zaleng hei zawng zingah hian nang chhing zo reng an awm si lo. Kawl pawh velin fang mah i la nang chhing zo thei lanu dang reng an awm lo'ng e; nang zawng van angel iangin mawi leh duhawm i fawm si a. Khuanu pawh hian eng vang kher nge ami zaleng hei zawng zinga nang kher min tawntir le?

Nang zawng chhing zo tur che an awm mawlh si lo. I nui hmel hi ka tan chuan hlimna min thlentu a ni a, i hlim hmel hian lungngaihna karah pawh damna, hlimna leh thlamuanna hial pawh min thlen hin asin!

A tawp berah chuan, nang zawng phu loh lungdi i ni a, mahse chuti chung chung chuan i tawnah hian heti tak hian ka luangliam ta si. Keia mitah chuan an sawi lunghlu aiin i mawi zawk a. Ka tan chuan ban phak loh leh khawih phak rual loh i nih hre reng chungin ka hmangaihna insit tak hi ka rawn hlan ve rawih che a ni e. I zunzam hian hrui si lovin min phuar flat a. Chuvang! nang ngaih lunglen hi eng tikah bang ang i maw?

Eng pawh nise cho loh mi u, he khawvelah hian Siamtu'n pianchhan leh kawppui awm mi min pe ve te a nih ngai chuan nang ngei hi ni la ka duh a ni. Chumi tihlawhtling tur

chuan ka hmangaihna tlawm te hi min tihhlawhtlinsak la, chutichuan he khawvelah hian ka lawmna aia sang lawmna nei dang reng an awm lo'ng e. Nang ngaih vanga zan mu chhing thei lo hian insit tak chung leh zah pawh sawi hlei thei lo khawpa ka chhungrila turtu riak reng avangin he ka kut ngeia ka ziak lehkhathawn hmang hian i hmangaihna ka rawn dil tawp mai che a ni e.

A tawp nan tak tak hei te chauh hi - He khawvelah hian i kiangah vawi hnih têt chauh awm ka duh; tunah leh kumkhuain...

Nang hmangaih leh duh em em tu,

XXXX



Love Letter*Lalremsanga**I Sem, Life Science**Red House**(3rd position in love letter writing held during the college week)**Rebec,*

He lehkha puan nem tak mai hi ka thinlung chhungril tak atanga ka ziah chhuah a ni a. I lo chhiar ta nih chuan min dem em bik lo turin ka ngen che a ni.

Kum 5 dawn chu I thian tha ber leh duhthusam nih tum in ka theih tawp tak meuh ka chhuah tawh a. I lungngaih chang leh hlimni zawng zawng ah tel vek tum in ka hun neih zawng² ka hmang ral thin. I tan chuan engkim mai hi ka phal vek a sin. Han chhui kir teh, hei hi thian thatna vang chauh em ni ang le? Ka duh zia che leh ka inhuam zia ka tih lan pawn I hrethiam duh si lo. Eng thil nge nang hmin tur che hian ka tih loh min han zawt teh ka hrelo ve khawp ang.

Ka hriatpuina tel ngei a lengdang I thlang thin hian a sin ka thinlung thir ang mai a chang leh chak pawh I tih nawi tak vek mai hi. i kiang ah chuan chak tak leh rintlak tak a ka awm theih na nui hmel put a ngai thin si a. I ngaihtuah thiam em le ka chana ruat hi le? Nitin mai hian hlim em em mai a in han khi sar sar mai a sir atanga la hmuh chang hian, I hria t loh hian ka mittui a tla thin a sin. Hla a , “Hmangaih tu’ n a tuar a ngai thin.” Tih hi a lo va han dik tak em.

I bialpa I then hmasak ber tum khan hrilh che ka tum a, mahse I ngauawh hun ah ka sawi ang tih in thu ka intiam a. Ka sawi hma in midang I lokawp leh hman si a. tun thleng hian ka la inchhir a sin. Lo sawi ila thil engkim a danglam tur hi a nia. I hlim theih na vawi engzah nge ka tawrh a la ngaih le? Ka tlin lo palh ang tih ka van hlau em.

Zantin mai hian ka mutbu ah hian ka suangtuah thin. “Han in ngaizawngin awn dun ve thei I la aw” ti in. Ka suangtuahna chu chu then ni awm ve tak ang maw. Ka hlauh ber mai chu “Thian” ang chauh in min en thei ang tih hi a ni a sin.

I rilru ka ti buai in, sawi tur pawh ilo neilo thei, hemi chungchang ah erawh buaina ka neilo. En gang pawn min chhang la pawm thiam ka lo tum vek a nge

I la hria em? Thian ho a chaw kan eikhawm ni kha, fiamthu khan “Pasal ka neih dawn chuan nang ang hi ka duh” I tih kha, ka lawm teh asin, I bialpa ni dawn lo mahila I pasal ka ni tur hi ka lawmna khan thla thum a daih a sin. I thil ho te te tih hian ka lawm a tih kim zia I hre si lo. A chang pheih chuan ram hla tak a awm a theihngihl daih che ka tum thin, mahse hmangaihna chuan khawvel a awm tawh pawh a tiehngihl thei si lo. Ka hlat telh telh che a ka ngaih che a zual telh telh zawk bawk si, a hrehawm a ni. Ka hmangaihna kawng mawlh hi a va dem awm em.

Nghah hrehawm zia I hre ve taw hem? Darkar khat lek pawh kan nghah chuan “khaw nge I awm? I va rei ve” kan in ti sek a ni a, kum 5 dawn ka nghak tawh che a sin. “I va rei ve, khaw nge I awm?” vawi engzah nge ka sawi tawh le? Mahse hmangaihna chuan kum a thliar lo an tih kha. Ka lo nghak peih reng che a chhan chu ka hmangaih che.

I thian



Love Letter*Rohmingsanga**VI Sem, BCA**Red House**(1st Position in Love letter writing held during college week)**To**Ka Thian Ringzeli,*

Ka thian ka tawn ni che kha ka la hre reng, chhumpui a zing a, Khuang ruahpui in min nan huh hnep a, ka khaw hmuh a fiahlo zo ta a, nang I lo langa a ka khaw hmuh a fiah ve tan ta a, chhimbala lo zam a, ka khawvel rawng chawih mawitu i ni ta si. Ka tan engmah ni ngailo, ka nun ah i awm hek lo, i sakhming pawh ka lam ngai loh kha ka engkim i ni ta si, ka khawvel mawitu ka chawngmawii i ni ta si. Engtik ah nge ka hrelo hetiang em em a ka lo hmangaih tak che tih hi.

Tawn loh tur che ka tawn che khan rauthla ka chan thleng a ka mitthla reng tur i ni tih ka hrelo a tin ni, nang chu i awm reng a, i ding reng a, ka tan i awm si lo, min be lo a min thlir ve hek lo, ka suangtuah thin thla pe che ila thlawk bo daih la tiin, mahse nang chu nghilh ka duh pawh a ka thiunlung a cham reng i ni ta si, i hausakna chu khawvel hausakna a ni si lo a, I mawina pawh khawvel mawina a ni heklo, hre lo in i thinlung ka kawl a ka hriat loh in i bawi rinawm ka ni ta si

A chang chuan ka beiseina beidawn hnu pawh a beisei tlat thin tu che he thinlung hi ka haw thin, mang ram ah ka tawng che a, mi nung ram a tawn che beiseina mang ram pawh hi ka haw thin, ka suangtuahna a nang chauh ngaihtuah thintu che ka rilru pawh hi ka haw thin. Ka thian zirna run bel a kum thum chhung ka hman zawh mek hi nang chauh nghah nan leh hmangaih nan che hmang ral in ka in hre thin, he khawvel ah hian pian nawn leh na a awm

a nih chuan nang nen a in tawng a run hmun kan len dun ngei ka beisei chu min hun ah chuan in thinlung kawngkhar lo kik ila min lo hawn sak ngei ka beisei.

*From,
I thian Klay*





essay



*Eirukna**Lydia Ngurthanmawii**V Sem, Geology**Red House*

'Eirukna' han tih mai hian a hming atang ringawt pawhin thil tha tak ani han tih tur chi a nilo, 'ruk' tih a tel vang hrim hrim pawh hian thil thalo lam chu a kaw k Chiang ani. Eirukna han tih mai hian, danin a phalloh, midang hriatpuina emaw pawmpuina emaw teloo a langlo a thil tih emaw lak hi ani.

'Eirukna' hian chhan hrang hrangte a nei thei awm e. Duham vang hrim hrima eiru te, dinhmunin a zir loh vanga eiruk te pawh ani thei awm e. Mahse, eirukna hrim hrim chu dan phalloh ani. Mi zawng zawng hian kan eiru vek tihna chu ani lova, mahse eirukna hi chu a awm ngei ani. Tin, a tlem emaw a tam emaw, a lian tham ani emaw a te tham ani emaw, danin a phalloh a tih anih chuan eirukna ani tho a ni. Eirukna hian nghawng let a neih ngei ngei avang hian a eiru te hlakna ngawr ngawr piah lamah a tuartu an awm thin avang tak te pawh hian eirukna hi a paw leh zual ti ila a sual theilo ang.

Eirukna hian mimal mai bakah ram inrelbawl na thlengin a tichhe thei a ni. A nghawng chu a lian emaw a te emaw pawh nise, nghawng tha a neihlohna lai tak hi a huatthlala lai tak chu a ni. Eiruk hluarna ram reng reng hi ram thanguang leh ram intodelh an ni thei ngailo. Ram tana hmasawna tur kha a eirutute ah a luan ral vang a ni. Tin, mimal thua pawh nise, mimal hmasawna leh hmalakna tur liau liau pawh eiruna hian a eirutute ah a vur a, a hmasawna tur leh hmalakna tur ai chu a eirutuah a kal ral vek ani. Mimal a nghawng chuan ram a nghawng chho zel chu a ni. Tin, heng eirutute eiruk hi thil thalo anih miau avangin a eirutute leh an eiruk chenpuitute pawhin thil thaah an chan ngailo ti ila kan tusual theilo vang.

Tin, vawi khat eiruk hian eiruk leh zelna hi a hring tlangpui a ni. Chu mai piah lamah he eirukna hian midang, rinawm taka lo ti emaw thawk sa te chu rinawmlahna leh

eiruk ve naah te a hruai lut thei bawk a ni. Eirukna hi sual dang hringtu pawh a nihna lai a awm awm e.

Mahni ram hmangaiha, a inrelbawl dan ngaihtuhtu tan phei chuan a tuartu tluk zetin he eirukna hi a huatthlala ngei ang. A sawia sawi ngawt hi chuan eirukna hi do leta tih rem hi chu thil har tak chu a ni. Chuvangin, “Engtin nge he eirukna hi kan do let ang?” “Engtin nge he eirukna hi alo rem anga, a hluar zel tur hi kan dan tak ang?” tih zawhna tehi alo awm ta a ni.

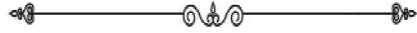
Ni e, eirukna hi thil thalo a nihzia kan hria, thil tha nise eiru turin kan inzirtirin kan infuih sauh sauh ang chu, mahse chutiang chu ani hauh silo. Thil thalo anih thu te, a eirutute kan demna thu hlir kan sawi nawn tlut tlut chu ani si a.

Tun dinhmun thlir chuan eirukna chu thil awm sa, awm tawh leh awm mek a ni. Chumi anih avang chuan a awmlo ngawt theilo a ni. Mahse, chu thil awm tawh leh awm mek a chu a awmloh ai mah chuan a awm tlem tir theih a ni. Mihring famkimlo leh famkimlohna khawvela cheng tan chuan thil awm thei tak pawh ani reng a ni. Mahse, thil awm pawh lo ni tehreng se, eiru thei dinhmuna ding mihring chu eiru lo tura chhia leh tha hriatna hmang thei mihring anih ngei a rinawm a ni.

Mihring dinhmun a in ang lo a, dinhmun pawh a danglam thei a ni. Chuvangin , eirukna hmannga dinhmun sawhngheh tum chu thiltih chi anih ngai loh bakah a tluang thei dawn chuanglo a ni, dan phalloh ani miau a. Tin, eirukna hi a te tham deuh anih avanga ngaihthahna hi thil pawh tak a ni bawk. A te tham ngaihthahna chuan a lian tham ngaihthahna a hring a ni. Tin, a eirutute dem vak vak pawhhi thil tha ber anilo a ni. An chhungril nun leh dinhmun tak tak kan hriatpui loh phei chuan pawng dem ngawt tur pawh ani kherlo. Sawi lan tawh angin dinhun tleu vanga eiruk pawh thil awm thei ani leh lawi si a, “Eirute hi dem ngawt tur an niloa, an dinhmunah ding ilar kan eiru maithei asin,” tia sawi pawh an lo awm nawk a, dikna chente pawh a awm thei ang. Mahse, eiruk hi a tha tihna a ni chuanglo.

Eiru thei dinhmuna kan dinglo anih chuan thuhran, kan lo ding ta hloh anih chuan dan phalloh a nihna kan hriaa, chumi ah chuan kan chhia leh tha hriatna kan hman thiam hi a ngai dawn ani. Mualphona leh channa tur pawh nise, huaisen taka kan tihloh ngam hi a ngai a ni. Tin, kan lo eiru ve kherlo pawh a ni thei e, mahse, a eirutute kan hriaa kan khap a, a tul dan a zira roreltute hnen thleng pawha thlen ngamtu kan nih hian eirukna do lettu kan nih bakah, eiruk lehzalna vengtu kan ni thei dawn a ni.

Eirutu hmuha ngawih bopui mai chu Chutiang taka kan tih chuan eirukna huar zel
eirutu nen chuan an thiamloh dan a dan em tur kan dang thei ang a, mimal leh ram pawh'n
em na a awm thei dawn chuang em ni? hma a sawn ngei ang.



Eirukna

Lalremruata Kullai

V Sem, Zoology

Green House

Eirukna tih tawngkam hi hrelo pawh kan awm ka ringlo e, eirukna hi ha hrilhfiah dawn dawn ta ila, a tuipuiral tawngkam tak in corruption tih Mizoten eirukna tia kan lo hriat lar hi han sawifiah ta ila, eirukna chu mimal leh mahni tan a hamthatna tur a sawrkar dan diklo tak a hman hi a ni. Eirukna hi hlemhletna, inthamna tihg te pawn, kan sawi thei awm e.

Mizoram hi ram la naupang tak kan ni a, ringlo tu, milem be tut e ram kar cheh a awm ni chung si in, kristian ram kan ni a, kristian ram in tichung si hian kan ram zimte ah hian eirukna hi a hluar em em a, kum 1972 union territory kan nih atang daih tawh a in tan a ni a, heng hunlai hian eirukna hi do leh chhuizui ngaihna reng an hrelo tiin ziaktu hmasa ten an lo sawi thin ani.

Eirukna hi thil sual tak leh thalo tak ni mahse mipui ah hian a hluar hle a, thil reng

reng hi a eiruk theih a nih phawt chuan eiruk kan tum theuh ni in a lang ber, chutah a then in eiruk dan kawng dap in thamna te pe in hma an la fo thin a ni.

He kan ram India ngei pawh hi khawvel a eiruk hluarna ram ani a, eiruk hluarna ram chu a chankang har in, a chhung a cheng mipuite dinhmun a in anglo thei em em a, a rethei te lah tam leh kutdawhte in an awm thin a ni, India ram thenkhat eiruk hluarna te han sawi ta ila, Heng state Bihar leh Karnataka te hi India ram a a ber kai pha te an ni. Heng state kan sawi te hi an ram a changkang lo in, hmasawanna a kal muang em em a, a chhung a cheng, mipuiten nasa takin an tuar thin a ni.

A hma a kan sawi state te ang bawh hian Mizoram ngei pawh hi eirukna tamna leh hluarna kan ni ve awm e. Kum 1982 khan Mizoram synod chuan eirukna do kum a

puang hial ani. Mizoram ah hian eiru te kan hmu dan a dang em em a, a eiru hausa zual te chu kan tlawn in kan be tha em em a, a eiru hnem apiang te hi kohhran leh khawtlang a mi in hmang tak leh mi chal lang tak hi an duh a ni.

Eirukna chuan ram leh hnam hmasawna a ti thuanawp a, ram a ti chankang lo in ram a ti rethei thin em² a ni. Eiru te hian mahni tanghma hai lutuk vang leh duham lutuk vang in eiruk an hreh lo a, tualthah leh inruk bo thleng in an hreh lo thin ani. He khawvel a ram thenkhat eiruk hluarna ram te chu an rethei em em a, tualthahna leh inrukbo nate a hluar in a chhung a cheng mipui ten an tuarin rethei leh thlaphang reng reng in an awm thin a ni.

Eirukna intanna bulpui ber chu kan ram hruaitu te kan politician te hi an ni a, mipui chan ai mahni a lo pumbilh in, ram hmasawna tur an ti thuanawp thin a ni, ram hruaitu te meuh in eirukna an lo tih tak ah chuan a hnuai a thawk te ah pawh ahluar em em a, document lem te, bill diklo tak tak te hmang in mipui chan ai an eiru thin a ni.

Mizoram ngei ah pawh hian kawng siamna tur bo te, building siamna tur bot e sawi a tam khawp mai . Contractor thenkhat in an hnathawh na tur te lo ti chingpen in an hnathawh te chhe takin nalo siam thin a,

a tuartu te chu mipui bawk kan lo ni le thin a ni.

Eirukna hi tih bo le tih tawp tum in hma nasa tak in la thin ma hila a boin, a rem tak² thei lo a ni. India constitution pawh hian eirukna hramna tur hian dan tha tak leh khauh tak a siam a, mahse eiru te hi hrem loh leh man loh hian tam tak an lam awm cheu a ni. Mizoram ah ngei pawh hian eirukna do tu pawl anti corruption bureau din a ni a, heng hian eirukna tam tak te chhui chhuak in mi tam tak anlo man tawh bawk a ni.

Eirukna hi do hneh theih a ni a, a zung chawp a tihral theih a ni bawk. Mahse hetiang ti tur hian mipuite kan tnarual a ngai a, mitin hian tih tur pawimawh tak kan nei theuh a ni.

Eirute hi a hmasa in dim lo ila, a mi lian a tang a a te ber thleng hian tumah thliar hrang lo in an dik lohna ah chuan dan kengkawhtu leh thuneiutu te hnenah thlen hreh lo ila. Eiru theilo khawp hian miupute hian an thil tih chik peih ila, a hnulama thiul fel tawh hnu a sawi buai vak lo in a hunlai in chiuk peih ila, eirutute hi mipui hian khawtlang leh kohhran ah te endan thiam ila, chutiang bawkin ram hruaitu pawh diklo leh fello a kan hriat chu I vote lo ngam bawk I la, chutiang a kan tih chuan eirukna a bo a nga ram nuam kan siam thei dawn ani.





Poetry

(English)



“Letter to Me”

Lalrammuanpuia
VI Sem, Botany

Dear 40 years old me,
I hope you are well.
I hope you had a good and satisfying life,
As a life thought of by societies.
But, if somehow your life is rough,
The 'today me 'is to blame and I am truly sorry.
I believe you are, of course a married man;
And perhaps, if you happened to be a bachelor,
Or a divorced man, I certainly believe you had your reasons.

Oh! And how is mother?
I hope she too is well and cared;
And I fear, an ill of some sort might disturb her.
And I hope all the peoples that I cared for are safe.
(You might think of it as a selfish act but,
For now, I believe the things that I do is worth doing.)
I do think that you have given up your hobbies, yes?
But if you had not given them up, it sure would bring a smile to your face
'A not-so-bright middle aged man with not much of a future',

Some might think to be as a failure.
But on the bright side, I had hoped for much worst possible out comes.
Anyway, with all the fuzz, I hope you are happy in the place where life has brought you.
And i wish, you find happiness in the littlest of things.
So much to say, yet i find it hard.
20 years will soon come to an end,
And during that time, I wish you a good life
And happiness.

Your Sincerest,
The Present Me





P o e t r y

(m i z o)



“Ka Cho Loh Lanu”

Lalramnghaka

IV Sem, Life Science

1. Siamtu kut chhuak mawi, ka cho loh lanu

I sakhmel reng a mawi e

I heh senin fartuah par a iang e.

I sakruangin Vaube par a iang.

Rairah kal ti kham turin I mawi tawk e.

Hlan ta che ila ka dawn lungruk

Engtin min ngai ang maw?

Ka phulo che ka hailo, ka thinlai neitu

Engtin tak awm zel ang maw kei a riang hi.

2. I sakruang mawi ka hlimna

I zun phurh zawh a har kei ka tan

Thinlai ti hlimtu kal ti khamtu

Duhaisam tak ram chang zo se,

Kan runa'n nuthai I chang ngei ang.

3. Nghilh che har hle mahse

I tan ka tling mawlh silo.

Duh thlang turin I mawi hluan e

I thinlai luahtu tang chu bel la

Rairaha'n chantawk lungawi lo zir zawk na'nge.

“Panlai Nun”

Dodie Zoliansanga

V Sem, Botany

(1st Position in Poetry - Mizo)

1. Chungturni kawla'n a her liam a,
Chhawrthlapui paw'n thangvan zawl a kai e.
Zanlai thlifim nemte'n a leng vel a,
Awi maw, nunhlui za mual liam hnu,
Thliah hnu chhawl ianga uai tawh
Panlai nun duhawm kha
Hai ang a thar e thinlaiah.

2. Hmana suihlung ka rualpuite kha,
Eng dawn lova zirna run ka belhpui,
Thinlai tihnimtu reng kan tawng nem maw,
Lungmuangte'n chawchhun fak zain
Pheilai khaiin kan leng za,
Thiam zir run laitual mawiin,
Aw, kan panlai nun chulhnu kha!

3. Chhungkim dar ang lenna kan run kha,
Thlang sappui nun mawi iang zo lo mahse,
Kei ka tan zawng pialral a tling zo ngei.
Chunnu leh zuapa tang belin
Rual zawng kan awh bik loh kha,

Theih chang lul se auh kir ka nuam
Mual hla tam liam hnu panlai nun.

4. Hmanah chuan lenrual duh zawng te nen,
Van lal nau ang pianni amte'n lawmin,
Silh leh fen mawi nen biakbuk kan lawi za,
Hlim zai vawrna fak hla sain,
Khua rei chang tur dawn zo lovin,
Lunglai kamtu reng awm silo.
Panlai nun ngaiin ka kui ruai e.



“Panlai Nun”

Lahmingsanga

III Sem, Physical

(2nd Position in Poetry - Mizo)

1. Hringnun kan dawn chang ni hianin,
A thar leh thin thinlaiah;
Puan ang chul tawh, zamual liam hnu,
Kir leh zai rel thei tawhlo,
Ngaih ninawm loh panlai nun.
2. Lenrual kima dar ang len lai,
Aw! Hmana kan panlai nun;
Hlim zai vavra tlaitla lawma,
Tual kan chai lai ni zawngte,
Nghilhni awm thei dawn silo.
3. Tunah zawng hai ang lo thangin,
Tual chai pui lenrual zawngte;
Hraileng nen run an rem tawh si,
Ka phallo che, ‘Panlai nun’
Suihlung tileng thlawn tura’n.
4. Duhin auh kir tum mah ila,
Fam chang mual liam tawh iangin;
Kir zai reng rel thei tawh silo,
Thinlai na tur reng ai chuan,
Mangtha mai le, ‘Panlai nun’.

“Panlai Nun”

Vanlalnghaka Hnamte

I Sem, Life Science

(3rd Position in Poetry - Mizo)

1. Puan ang chul hnu panlai nun kha,
Auh kir rual lohin hunin liam pui mahse;
Keizawng a ngai a tah ka bang dawnlo,
Hlim te a damlai par tlan lai kha.
2. Lungkham leh enghelh nei loa lengin,
Hlim zai kan vawr lenrualte nen;
Chhunni kan hmang ral mit khap kar a'n,
Ning chuang hlei lo'nge lenrual duhte.
3. Tukthuan eikham ruala lenrual um a,
Turni tlak ruala auh haw ngai;
Min zilh ta e, haw zai rel hma turin,
Zawm chuang hlei lo e, a ngai tein hun kan hmang.
4. Zanhia ei felah tual kan chai,
Bang kan awmlo kan hlim a kan nui tlang;
Tin zai kan rel ta pawnto hla sain,
'Tin dialah, tin dialah' tiin kan tin ta.



2019 - 2020

STUDENTS' UNION
LEADER PROFILE



VICE PRESIDENT

Name : Fredy Lalruatfela Hrahsel
 Nick Name : Fredy
 Department : 6th Sem, Zoology
 Address : Armed Veng, Aizawl
 DoB : 18th Dec, 1997
 Father's Name : Laltanpuia Hrahsel
 Instagram : Fredy Lalruatfela Hrahsel
 Facebook : Fredy Lalruatfela Hrahsel
 Contact No. : 8729973718
 Vacancy :
 Hobby : Reading, Writing, Playing Football,
 Playing Computer Games
 GZRSC is : A place that teaches me life



GENERAL SECRETARY

Name : Vanhminglana
 Nick Name : Tetea
 Department : 6th Sem, Chemistry
 Address : North Vanlaiphai
 DoB : 22nd Feb, 1999
 Father's Name : Lalbiakmuana
 Instagram : vanhminglana_pautu
 Facebook : vanhminglana_pautu
 Contact No. : 8414900232
 Vacancy : Single
 Hobby : Sports and study
 GZRSC is : My Mom, My Home, the best college that makes me become
 better, mature, adult in the ways of life



ASSISTANT GENERAL SECRETARY

Name : Lalramengmawia
 Nick Name : Duata
 Department : 4th Sem, Life Science
 Address : Bawngkawn, Aizawl
 DoB : 21st Apr, 1998
 Father's Name : Vanlalnghaka
 Instagram : duata_sailo_custom
 Facebook : Lalramengmawia
 Contact No. : 8415967290
 Vacancy : 1000%
 Hobby : Painting
 GZRSC is : A very special place for me



OUTDOOR SECRETARY

Name : Lalhmangaihzuala
 Nick Name : Hmangaiha
 Department : 6th Sem, Botany
 Address : Sakawrdai
 DoB : 28th Jan, 2000
 Father's Name : Zalawmthanga
 Instagram :
 Facebook :
 Contact No. : 9862669861
 Vacancy : Zawnga
 Hobby : Football
 GZRSC is : A place to learn



ASST. OUTDOOR SECRETARY

Name : Liansangpuia Khiangte
 Nick Name : Sangpuia
 Department : 4th Sem, Life Science
 Address : Khawzawl
 DoB : 13th Jun, 1999
 Father's Name : K. Laltlanmawia
 Instagram : sangpuia_khiangte
 Facebook : Sangpuia139
 Contact No. : 8258864260
 Vacancy : No Vacancy
 Hobby : Football
 GZRSC is : our college.



INDOOR SECRETARY

Name : Lalnunsanga
 Nick Name : Nunsanga
 Department : 6th Sem, Mathematics
 Address : Salem Veng, Aizawl
 DoB :
 Father's Name :
 Instagram :
 Facebook :
 Contact No. : 8575788124
 Vacancy : Definitely YES!
 Hobby : Reading
 GZRSC is : mommy to my career



Asst. INDOOR SECRETARY

Name	: Lalfakawma
Nick Name	: Mafaka
Department	: 4th Sem, Life Science
Address	: Phuaibuang
DoB	: 12 th Sept, 200*
Father's Name	: V.L. Hmar
Instagram	:
Facebook	:
Contact No.	: 936655116
Vacancy	:
Hobby	: Singing, Youtubing
GZRSC is	: A place that has enriched my life in many ways. It has taught me valuable knowledge about this diverse world and people and concepts in general and eventually will enable me to hopefully become more successful in life.



SOCIAL & CULTURAL SECRETARY

Name	: Lalrammuanpuia
Nick Name	: Puitea
Department	: 6th Sem, Botany
Address	: Bawngkawn, Aizawl
DoB	: 23 rd Aug, 199* (Guess)
Father's Name	: R. Vanlalnema (L)
Instagram	: puitea.r
Facebook	: puitea ralte
Contact No.	: 9089488489
Vacancy	: Someday I Might... a) atleast be vacant b) find the right one c) none of the above
Hobby	: Watching movies, reading books, playing football, jamming & hanging out with friends
GZRSC is	: Not only an institution but a place where we are forged to become a better and greater person in life and beyond.



Asst. SOCIAL & CULTURAL SECRETARY

Name : Elizabeth Lalrinsangi Hnialum
 Nick Name : Zo Eli
 Department : 4th Sem, Home Science
 Address : Lawngtlai
 DoB : 21st Apr, 1999
 Father's Name : J.H. Lalhmahruaia
 Instagram : zo_eli_
 Facebook : Eli Lalrinsangi Hnialum
 Contact No. : 7640901385
 Vacancy : Happily Taken
 Hobby : Watching Movies & Listening Music
 GZRSC is : A place where we are united as one.



DEBATING SECRETARY

Name : Lalringzeli Renthlei
 Nick Name : AZeli
 Department : 6th Sem, Home Science
 Address : Electric Veng, Aizawl
 DoB : 8th Nov, 1998
 Father's Name : R. Lalsangzuala
 Instagram : _azeli_renthlei_
 Facebook :
 Contact No. : 9862299032
 Vacancy : “___”
 Hobby : Trekking, Painting & Writing
 GZRSC is : Where i developed myself into mature, responsible and independent adult. A place where i made memories of a lifetime.



Asst. DEBATING SECRETARY

Name : Ruthi Vanlalmuanpuii
 Nick Name : Ruth
 Department : 4th Sem, Home Science
 Address : Bawngkawn South
 DoB : 15th Mar, 2000
 Father's Name : Pakunga (L)
 Instagram : ruth muanpuii
 Facebook :
 Contact No. : 8731069471
 Vacancy : Single
 Hobby : Baking, Singing
 GZRSC is : A place which turns me from a shy person to a confident one and on emotional being to wise person.



MAGAZINE EDITOR

Name : C. Hmangaihropuia
 Nick Name : Hmangaiha
 Department : 6th Sem, BCA
 Address : Khatla South, Aizawl
 DoB : 23rd Jun, 1999
 Father's Name : C. Lalruatfela (L)
 Instagram : hmangaiha__
 Facebook : hmangaiha chhakchhuak
 Contact No. : 8257806323
 Vacancy : omlo
 Hobby : Playing Basketball
 GZRSC is : Govt. Zirtiri Residential Science College.



ASSISTANT MAGAZINE EDITOR

Name : Johny Vanlalmuana
Nick Name : Johny
Department : 4th Sem, BCA
Address : Chanmari West, Aizawl
DoB : 16th Dec, 1999
Father's Name : Lalthlamuana (L)
Instagram : the_dragon_1234
Facebook : Bruce Lee
Contact No. : 7640867965
Vacancy : too many vacany and nothing is taken
Hobby : Volleyball
GZRSC is : A college.

