

## REPORTS FROM NATIONAL SERVICE SCHEME (NSS)

*Lalnunthara*  
*Programme Officer*



National Service Scheme (NSS) Unit of Government Zirtiri Residential Science College was established in the year 1985. Currently there are 600 volunteers grouped into 6 units under 6 Programme Officers as given below:

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|--------------------------|--------------------------|
| 1. Mr. Lalnunthara       | 2. Dr. C. Zoramthara     |
| 3. Mimi Lalmuanawmi      | 4. Rebecca Lalnuntluangi |
| 5. Dr. P.C. Rohmingliana | 6. Dr. C. Lalremruatfela |

NSS unit of GZRSC has been an integral part of college development especially in maintaining cleanliness within campus and college buildings. Voluntary Blood donation count is at its all-time high in the history of the college due to the campaigns organized by NSS unit. The Unit also erected many structures through in its adopted villages in different parts of the state which has proven beneficial to the public on several occasions. Activity report of NSS unit, GZRSC for the academic year 2019 - 2020 is given below.

### **1. REGULAR ACTIVITIES:**

#### **June 2019:**

- (a) **Green Mizoram Day:** On 11.06.2019, Observance of Green Mizoram Day was carried out at Hmuifang road plantation. 6 Programme Officers participated in this event.



#### **July 2019:**

- (a) On 05.07.2019, Mass Cleanliness Drive was conducted in and around college campus in collaboration with Cleanliness Committee. All Programme Officers and 423 volunteers took part in this programme.

- (b) Two Programme Officers attended at the “*Celebration of 1<sup>st</sup> prize award (overall category) in voluntary blood donation during 2018-2019 & Release of NSS Directory 2019-2020*” on 12.07.2019 at Aijal Club.
- (c) **Orientation Programme:** On 15.07.2019, Orientation programme was organized at college auditorium for First Semester students. 6 P.O and 260 volunteers attended the programme.
- (d) **Green Mizoram Programme:** On 26.07.2019, Observance of Green Mizoram Programme was carried out at in Collaboration with Eco-Club, GZRSC at Durtlang campus. 5 Programme Officers and 72 volunteers participated in this programme.



**August 2019:**

- (a) **Observation of Swachhta Pakhwada:** On 13.08.2019, Observation of Swachhta Pakhwada was carried out by visiting orphanage (Motherless Babies Home) at Tuikual South, Aizawl. 6 Programme Officers and 9 volunteers took part in this event.
- (b) **State NSS Officer (SNO) visit:** On 14.08.2019, Dr. Zirlianggura (SNO) visited our unit and held a meeting with Programme Officers discussing important matters regarding NSS.



## September 2019:

- (a) Four Programme Officers and 30 volunteers participated in Mass Cleanliness Drive at Aizawl City and A.R Ground on 10.09.2019.
- (b) During 13.09.2019 - 16.09.2019, cleanliness campaign followed by mass cleaning was conducted in collaboration with Cleanliness Committee. All Programme Officers, Cleanliness committee members and 500 volunteers took part in this event.
- (c) **Observation of Poshan Abhiyan:** On 18.09.2019, observation of Nutrition month was carried out at College Auditorium with resource person Mrs. Lalrosangpuii, Asst. Professor (Biochemistry). All Programme Officers and 80 volunteers took part in this event.
- (d) **50<sup>th</sup> Foundation Day:** On 24.09.2019, 3 Programme Officers and 27 volunteers participated at the “*Celebration of 50<sup>th</sup> NSS Foundation Day*” at Vanapa Hall.



## October 2019:

- (a) **Self Defence Training for Women Volunteers:** On 24.10.2019, Self Defense Training for Women Volunteers was organized at College campus. 4 Programme Officers and 32 volunteers participated in this programme.



### November 2019:

- (a) During 14<sup>th</sup> - 15<sup>th</sup> November 2019, two Programme Officers participated in *“Two Days Workshop on Challenges and Opportunities in NSS in Mizoram”* at Tourist Lodge, Chaltlang.

### December 2019:

- (a) **Training on Life Skills and Personality Development:** During 02.12.2019 - 06.12.2019, Training on Life Skills and Personality Development was organized in College Campus. 6 Programme Officers and 82 volunteers from different Schools and colleges participated in this programme.
- (b) **Republic Day Parade:** On 29.12.2019, one volunteer was deputed for Republic Day Parade contingent at New Delhi.



### January 2020:

- (a) **North East NSS Festival:** On 15.01.2020, 8 volunteers were deputed for NE, NSS Festival at Tezpur, Assam.
- (b) Mass Cleanliness Drive was conducted in and around college campus on 16.01.2020. All Programme Officers and 437 volunteers took part in this programme.

- (c) **Walkathon (Fit India Movement):** On 18.01.2020, 3 Programme Officers and 30 volunteers participated in Walkathon (Fit India Movement) within Aizawl City.
- (d) On 28.01.2020, Voluntary Blood Donation for Civil Hospital, Aizawl was conducted at College Campus. 567 volunteers turned up and 137 units of blood was donated (Male-103, Female-34).



### March 2020:

- (a) **Inter-Institutional Camp on Leadership and Personality Development:** During 2<sup>nd</sup> to 6<sup>th</sup> March, 2020, “*Inter-Institutional Camp on Leadership and Personality Development*” was organised at College Campus.
- (b) On 10.03.2020, Renovation and beautification of Sihhmui Plantation. 20 volunteers and 4 Programme Officers were present in this programme. Two Programme Officers and around 80 volunteers from different Schools and colleges participated in this programme.



## 2. SPECIAL CAMPING:

Special camping was organized at the following venues during 2019 – 2020.

- (a) **Ramhlun venglai, Chhingchhip and Thingsulthliah village:** during 4<sup>th</sup> to 10<sup>th</sup> March 2020. 3 P.Os and 50 volunteers participated in the programme. Public urinal and waitingshed weres constructed in these localities.



- (b) **Ramhlun N Basic Mual and Sairang Dinthar village** during 10<sup>th</sup> to 16<sup>th</sup> March 2020. 4 P.Os and 50 volunteers participated in the programme. The main activity in this programme was construction of public urinal and social work.

