

**Name of Programme : Short Term Course on Personality Development.**

Date and Year : 16th May 2019- 22<sup>nd</sup> May 2019

Venue : College Auditorium

Organizers : Student Support Committee

Sponsored by : RUSA

Target Group : Final Year students of all streams

Number of Attendees : 96

Objective of the Programme: The programme seeks to adopt a holistic approach to learning. It will work towards building confidence, mental health, image and creativity enhancement. It will also equip the students with the essential etiquette ,protocol knowledge and refined social skills to enable them to face any social situation with confidence.

**Programme Details:**

Day 1 : Life Skills and Interview Skills (Rinthanpuii SSA)

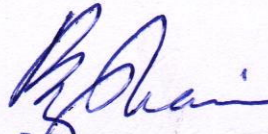
Day 2 : Entrepreneurship and Career Counselling ( Lalhruaitluanga GZRSC)

Day 3: Stress Management ( DrRinpari PUC) Professionalism;social values and etiquette( Susan R Ralte Women's polytechnic)

Day4 : Coffee with KL Liana and Farewell

Programme Outcome : Students gave their feedback .The Feedback showed the satisfaction of the students with the programme

Reported by :LalrinsangiNghinglova,Secretary,Student Support Committee

  
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