

Report on Interdisciplinary Program

Name of the Institution/Department: Biochemistry and Home Science Dept, GZRSC

Date: 3rd February 2023

Place: Biochemistry Dept. Core Classroom

Resource Person: Ms Maria Lalhmingmawii, Asst. Professor, Dept of Home Science, GZRSC

Number of participants: 10

With the introduction of 'Nutritional Biochemistry' paper in the newly approved core syllabus, the department felt the need to acquaint the students on concepts of Nutrition to help them in understanding the physiological and biochemical significance of nutrients for well-being. Hence, the department pursued an Inter- Disciplinary Program with Dept of Home Science, a well- established department of our college.

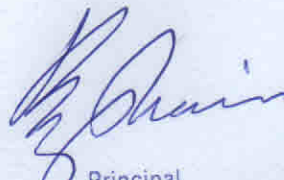
One day seminar on 'Importance of Nutrition and Balanced Diet' was conducted at Biochemistry Dept. Core Classroom on 3rd February 2023 (afternoon) with Ms Maria Lalhmingmawii, Asst. Professor, Dept of Home Science, GZRSC as Resource Person It was attended by 6th semester students (10 nos).

The Resource Person shared useful information's on the concept of nutrition and their role in health and wellness which was very helpful to the students.

Attachments-

Pic 1- Resource Person- Ms Maria Lalhmingmawii




Principal
Govt. Zirtiri Residential Science College
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Pic 2- Resource Person training the participants



Pic 3- Participants with RP