

## Report on Workshop on Skill Development Programme

**Date:** 16<sup>th</sup> March, 2023

**Venue:** Aizawl Theological College, Pastor Quarter

**Instructors:**

1. Lalremruati , VI Semester Home Science, GZRSC.
2. R. Lalremruati VI Semester Home Science, GZRSC.
3. Lalrinawmi, VI Semester Home Science, GZRSC.
4. Vanlalmuanpuii, VI Semester Home Science, GZRSC.
5. Saipari, VI Semester Home Science, GZRSC.

**Organizer:** Department of Home Science, Government Zirtiri Residential Science College

**Number of participants:** 18

**Number of teachers present:** 5

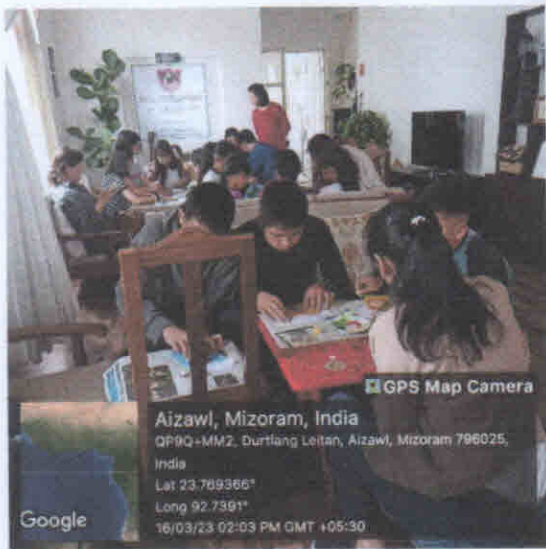
The Home Science Department organized a Skill Development Programme at Aizawl Theological College on 16<sup>th</sup> March, 2023. This programme was organized mainly for school children living at Aizawl Theological College campus who were on school vacation. Altogether 18 children between the ages of 9-15 years participated in this programme.

The art of Stencil Painting on fabric and Tie and Dye were taught to the participants. 5 students from VI Semester BSC Home Science acted as instructors. The participants were divided into 5 groups and there was 1 instructor for each group. The instructors first demonstrated and then provided step by step instruction and guidance to their group members. All the materials required for this hands-on programme such as stencil frames made by the instructors, fabric, fabric paints, paint brushes and fabric dyes were provided to the participants. There was active participation from all the enthusiastic participants and they took great pride in what they had made.

The Skill Development Programme aimed at helping the participants make constructive use of their school vacation by acquiring new skills. It also aimed at building their self- confidence, developing their creativity and helping them improve on their social skills.



Handwritten notes on lined paper, likely a list of names and details for a program or event. The text is partially illegible but appears to be a list of names and possibly dates or times.



*[Signature]*  
Principal  
Govt. Zirin Residential Science College  
Aizawl : Mizoram