

REPORT ON
ANTITOBACCO AWARENESS PROGRAMME

Date: 24TH August 2022

Time: 1:00am – 2: 00pm

Venue: SEMINAR HALL, RAMTHAR CAMPUS, GZRSC

Resource Persons: Miss C Laldinsangi, Social Worker, NHM

No of Participants:

Student: 82

Faculty: 2

Organiser(s): National Tobacco Control Programme and Department of Computer Science, GZRSC

Short Report:

The meeting was chaired by Mr. C Lalrinawma, HOD, Department of Computer Science. He gave an introduction of the program and the faculties who were involved in the seminar. The resource person was accompanied by three staff from her department. The state nodal officer, NTCP Dr H Lianthangpuia gave a welcome speech and highlights the program and its outcome for about 15 minutes. Mizoram has the highest tobacco prevalence in India at 67.2% according to Global Adult Tobacco Survey (GATS) 2009-10 with 72.5% males and 61.6% females consuming tobacco in some form or the other. Second hand smoke exposure is at a very high 97.7% at homes. Mizoram also has the highest incidence of a number of Cancers like lung, esophagus, stomach, all sites etc. in the country according to the Population Based Cancer Registry Report, 2009-11.

Next, the resource person for the seminar Miss C Laldinsangi, Social Worker, NHM gave a lecture on the effect of tobacco on our health. She has a wonderful slide presentation which clearly depicted the harmful effect of tobacco. She tried to convince the student not to start consuming tobacco as it is very addictive in the future. It was a wonderful session and I hope the student learnt and avoid tobacco as it is very injurious to their health.

Report by Dr. M.S.Dawngliani,

Assistant Professor, Dept. of Computer Science,
GZRSC

SEMINAR PICTURES





Aizawl, Mizoram, India
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Long 92.722407°
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Principal

Govt. Zitiri Residential Science College
Aizawl : Mizoram