



# GOVERNMENT ZIRTIRI RESIDENTIAL SCIENCE COLLEGE

## ACTIVITY REPORT

(to be submitted at [activityreport@gzrsc.edu.in](mailto:activityreport@gzrsc.edu.in) within one week after the conduct of the activity)

### I. Activity Details:

1	Name of the Activity:	World Wetlands Day, 2026 Seminar and Quiz
2	Date and Time:	2 <sup>nd</sup> February 2026 1:40 PM
3	Venue:	Room No 2/206
4	Resource Person with short bio-note:	Mrs Mary Lalthansangi is an Associate Professor from the department of Botany, GZRSC. She is serving as a green teacher and is an active member of the Eco Club. Her academic and professional interest include plant biotechnology and environmental biology with a strong commitment to environmental education, conservation and the promotion of sustainable practices among students
5	Number of Participants: i. Number of Students: ii. Number of Teachers:	51 students (II Sem=22 and VI Sem =29) 6 teachers
6	Target Group:	II and VI semester botany major students
7	Organisers:	Department of Botany, GZRSC
8	Sponsoring Agency:	Department of botany, GZRSC
9	Whether Institutional/ State/ Regional/ National/ International Level?	Institutional
10	Reported by	Mary Lalthansangi

### II. Activity Summary:

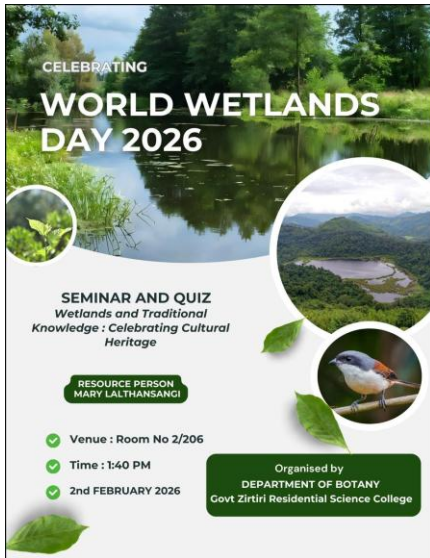
The seminar was organised by the department of botany to commemorate the **World Wetlands Day, 2026** with the theme “**Wetlands and traditional knowledge : Celebrating cultural heritage**”. The resource person was Mrs. Mary Lalthansangi, Associate professor and faculty member of the department of botany, GZRSC.

The programme aimed to create awareness about the importance of wetlands, their current status, urgent need for conservation and the role of traditional knowledge in sustaining these ecosystems.

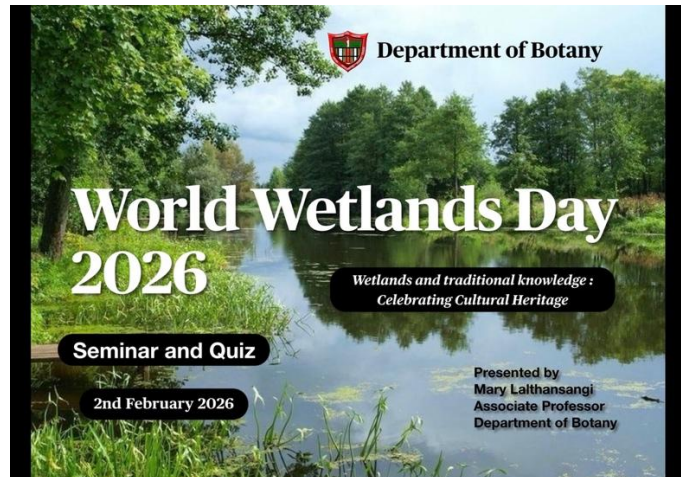
**Seminar :** The seminar focused on the ecological, cultural and socio-economic importance of wetlands. The resource person, explained how wetlands act as the *kidney of the earth*. Special emphasis was laid on the current status of wetlands and the need for conservation. A significant part of the seminar was dedicated to the only Ramsar site in Mizoram, the Pala Wetlands, explaining its ecological value and its importance to the surrounding communities.

**Quiz :** The seminar was followed by an interactive quiz programme based on wetlands, biodiversity and conservation. Students participated enthusiastically, demonstrating keen interest and awareness. Prizes were distributed to the winners which further motivated active participation and learning.

I. Activity Picture:



Flyer for the programme



Ppt presentation



Inauguration programme



Student participants