



**GOVT. ZIRTIRI RESIDENTIAL SCIENCE COLLEGE
NATIONAL SERVICE SCHEME (NSS) UNIT
AIZAWL : MIZORAM**

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BRIEF REPORT OF OBSERVANCE OF RASTRIYA POSHAN MAAH

Name of Activity	:	Distribution of Iron Supplements
Date	:	19.11.2024
Venue	:	College Hostels
Number of participants	:	Volunteers: 140 (M – 70, F – 70)
Organizer(s)	:	NSS Unit, Govt. Zirtiri Residential Science College

Brief Description of the Programme :

The Rashtriya Poshan Mahh is being celebrated during the month of September every year under POSHAN Abhiyant. The month long campaign aims to further intensify efforts to combat malnutrition and promote holistic well being across the nation.

Due to unforeseen circumdtances, the NSS unit could not observe this event at the actual month. Instead, we conduct one activity by selecting the given suggestive themewise activities as a part of the observation of this event. We select **Theme 1 – Anemia Awareness** with an activity of *Distribution of Iron Supplements and educational pamphlets*.

We conduct distribution of Iron supplement to the Hostellers (Boys & Girls) on 19.11.2024.

(Dr. P.C. ROHMINGLIANA)
Programme Officer
NSS Unit
Govt. Zirtiri Resi. Science College
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I. Action Photo:

